# KSHS Challenge Awards



## The KSHS Challenge Awards

The aim of these awards is to challenge you to embrace the opportunities available across the school, and to add to your cultural capital, as well as develop skills that will prepare you for the next steps in your lives. These challenges focus on activities that happen outside of the classroom, as enrichment opportunities extend classroom education and personal growth.

The Challenge Awards allow you to complete challenges which:

- Aid personal development
- Support your well-being
- Stretch your talents, and encourage you to discover new ones
- Provide new experiences
- Raise aspirations
- Increase Cultural Capital

This booklet will also allow you to track your successes throughout the year. This can be helpful for writing personal statements, applications and to show progress to others such as your Form Tutor, Head of Year, and other members of staff.

## Completing the Challenge Award Passport

The Challenge Award passport follows our 3 Academy Values – Respect, Commitment and Trust. These have been split into 4 categories: Respect, Resilience, Aspiration and Responsibility and Community. There are tasks at different levels (Junior, Intermediate and Senior) within each category:

- Year 8 Complete three Junior tasks in each category to achieve the KSHS Junior Challenge Award
- Year 9 Complete all the Junior Award plus three silver level tasks in each category to achieve the KSHS Intermediate Challenge Award
- Year 10 Complete the Intermediate Award plus two Senior level tasks in each category to achieve the KSHS Senior Challenge Award

There are tasks at each level to choose from but do note that some tasks are mandatory and already entered into the grid for that value. We have these tasks to ensure that you engage with a good balance and range of activities as part of your Challenge Award Passport.

#### <u>Evidence</u>

Once you have completed all the challenges, your Form Tutor, Head of Year, or Miss Ferns will check by asking you questions or for evidence if needed. The only exception is the Subject Challenges (see below).

#### Subject Challenges

You will notice there are subject challenges. You can find what these are about at the end of your Challenge Passport. When you complete a subject challenge, your subject teacher or a member of staff in that department will sign your passport to say that you have completed this task.

#### Keeping Track

You may want to tick or shade in the boxes below to keep track of where you are up to with your Challenge Award Passport. Remember, tick all the Junior boxes to achieve the Junior Challenge Award, all Junior and Intermediate to achieve the Intermediate Challenge Award and all the boxes to achieve the Senior Challenge Award.

| Value      | Jr. | Jr. | Jr. | Inter | Inter | Inter. | Sr. | Sr. |
|------------|-----|-----|-----|-------|-------|--------|-----|-----|
| Respect    |     |     |     |       |       |        |     |     |
| Resilience |     |     |     |       |       |        |     |     |
| Aspiration |     |     |     |       |       |        |     |     |

| Responsibility and |  |  |  |  |
|--------------------|--|--|--|--|
| Community          |  |  |  |  |

## RESPECT

Acting in a kind way to people and the environment.

#### **OPTIONAL CHOICES:**

#### JUNIOR

- Participate in a charity fundraiser
- Volunteer to help at a School event e.g. Open Evenings, Transition events, Options Evening
- Listen to a friend when they confide in you (keep their name anonymous)
- Hold a door open for someone at least 5 times
- 1 Respect Subject Challenge

#### INTERMEDIATE

- Read 2 non-fiction texts
- Represent the Academy at a School event e.g. Open Evenings, Transition events, Options Evening
- Provide care or help someone who needs it at school or at home
- 2 Respect Subject Challenges (can include the one completed for the Junior Challenge

- Consistently volunteer your time at a charity or in the local community
- Help improve the school environment through extra-curricular clubs

• 3 Respect Subject Challenges (can include ones completed for Bronze and Silver

|   |  | Data & Cianatura |
|---|--|------------------|
|   | Activity                                     | Date & Signature |
| J | Receive 2 merits for doing something a       |                  |
| u | member of staff describes as respectful e.g. |                  |
| n | Always polite, holding a door open, always   |                  |
|   | helping out in lessons etc.                  |                  |
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| 1 | Support a member of staff to run an extra-   |                  |
| n | curricular club e.g. a task, making posters, |                  |
|   | organising resources etc.                    |                  |
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## RESILIENCE

The capacity to overcome challenges and never give up or in.

#### **OPTIONAL CHOICES:**

#### JUNIOR

- Independently improve a piece of work after receiving feedback
- Overcome a challenge e.g., not understanding work in class, making friends
- Learn 5 facts about self-care and act on 2 of these for 4 weeks
- Practise meditation
- 1 Resilience Subject Challenge

#### INTERMEDIATE

- Undertake an online or in person course/workshop in a subject
- 2 Resilience Subject Challenges (can include the one completed for the Junior Challenge Award)
- Take on a School role e.g. Student Council/Form Prefect, coming up with new ideas and suggestions

- 3 Resilience Subject Challenges (can include ones completed for Junior and Intermediate Challenge Awards)
- Participate in an extra-curricular club for at least 4 half terms
- Participate in an extra-curricular activity outside of school

|        | Activity                                | Date & Signature |
|--------|---|------------------|
| J      | Try a new extra-curricular activity and |                  |
| u      | attend for at least 1 term              |                  |
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| T      | Try a new extra-curricular activity and |                  |
| n      | attend for at least 2 terms             |                  |
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| 0      |   |                  |
| r      | PIRATION                                |                  |

## ASPIRATION

A hope or ambition of achieving something.

#### **OPTIONAL CHOICES:**

#### JUNIOR

- Receive a Silver Merit Certificate
- Take part in an additional subject competition e.g. Maths challenge
- Go on a school trip in the UK
- 1 Aspiration Subject Challenge

#### INTERMEDIATE

- Represent the school at a match or tournament
- Gain a certificate or achievement for an activity
- Volunteer for an organisation outside of school
- Achieve a Grade 3 in a performing arts exam e.g. guitar, ballet
- 2 Aspiration Subject Challenges (can include the one completed for Junior Challenge Award)

- 3 Aspiration Subject Challenges (can include ones completed for Junior and Intermediate Challenge Awards)
- Read 8 books suitable for your year group
- Run an extra-curricular activity or create a task for others to take part in during their extra-curricular activity
- Complete a peer listening or mental health course

|        | Activity                                    | Date & Signature |
|--------|---|------------------|
| J      | Read 6 books suitable for your year group   |                  |
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| L      | Hit target grades in at least 4 subjects or |                  |
| n      | make progress towards them                  |                  |
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## **RESPONSIBILITY AND COMMUNITY**

Doing things you are supposed to do and accepting the results of your actions in service of and to improve your school and the wider world

#### **OPTIONAL CHOICES:**

#### JUNIOR

- Take part in a charity event
- Welcome a visitor to the school
- Represent the form e.g. Form Captain, Student Council
- Participate in an event or activity to improve your local community

#### INTERMEDIATE

- Help organise a charity event
- Help to welcome visitors to the school
- Become a Librarian or support the library
- Take part in an assembly
- Volunteer in school

- Take the lead in an event
- Take part in an assembly
- Volunteer for at least 2 terms in your local community
- Take part in a whole school event



| J      | Be part of the duty form when you are  |  |
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| u      | asked  |  |
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| L      | Represent your form or the school either on  |  |
| n      | the student council, by being part of an   |  |
| t      | extra-curricular club that supports the school/wider community, or by representing |  |
| е      | the school in a team, academically or in a   |  |
| r      | performance.   |  |
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### SUBJECT CHALLENGES

|           | Respect   | Resilience   | Aspiration   |
|-----------|---|--|--|
| Art       | Contribute to a<br>class discussion<br>or peer<br>assessment in<br>lessons  | Enter a piece of<br>your own<br>artwork into an<br>exhibition                                      | Attend an art<br>club either in<br>school or in your<br>local community                          |
| DT        | Provide<br>constructive<br>feedback to one<br>of your peers   | Persevere to<br>solve a problem<br>and/or fix<br>something that is<br>broken                       | Produce a high<br>quality visual of a<br>product   |
| Drama     | Review a peer's<br>performance<br>either inside or<br>outside of the<br>school and<br>provide<br>feedback to<br>support their<br>progress | Audition for a<br>drama<br>performance/pro<br>duction inside or<br>outside school                  | Complete a role<br>in a production<br>or act out a<br>scene for an<br>audience                   |
| English   | Read a book that<br>is recommended<br>to you by a<br>teacher  | Volunteer to<br>prepare a<br>section of a text<br>in advance then<br>read out loud to<br>the class | Write a<br>persuasive<br>article on an<br>issue that<br>motivates,<br>upsets, or<br>delights you |
| Geography | Do something to<br>show you care<br>for the<br>environment  | Create a revision<br>aid to improve<br>your grade  | Enter an external<br>Geography<br>competition  |
|           | Respect   | Resilience   | Aspiration   |
| History   | Research and<br>create a report<br>on who has<br>made the   | Find an example<br>of an individual<br>in history who<br>goes on to make                           | Engage with<br>History outside<br>of the classroom<br>e.g. independent                           |

| Computing | greatest<br>contribution to<br>enhancing<br>equality or<br>human rights<br>Help a peer with<br>a computing task  | a significant<br>contribution<br>despite having to<br>overcome<br>adversity<br>Overcome a<br>problem you are<br>having with a<br>piece of software | reading, visiting<br>a museum or an<br>historical site<br>Learn to use a<br>new computing<br>tool                  |
|-----------|--|--|--|
| Languages | Research a<br>tradition, custom<br>or festival from a<br>Francophone or<br>German<br>speaking country<br>and make a<br>poster to show<br>how it is<br>celebrated | Achieve a streak<br>of one month on<br>Duolingo  | Using a<br>streaming<br>platform, watch a<br>whole episode of<br>a series or a full<br>film in French or<br>German |
| Maths     | Review a peer's<br>assessed piece<br>of work and<br>provide<br>feedback to<br>support their<br>improvement   | Create a maths<br>problem for the<br>rest of the class<br>to solve   | Complete the<br>weekly Maths<br>conundrum 6<br>weeks in a row  |
|           | Respect  | Resilience   | Aspiration   |
| Music     | Review a peer's<br>performance<br>and provide<br>feedback to<br>support their<br>progress  | Audition for a<br>music<br>performance or<br>musical theatre<br>production<br>inside or outside<br>of school                                       | Be a regular<br>member of a<br>school music<br>ensemble group<br>and take part in<br>a performance                 |

| PE      | Display<br>sportsmanship<br>during a<br>performance or<br>match  | Overcome your<br>barriers and<br>have a go at a<br>new sport in or<br>out of the<br>Academy  | Represent the<br>school or<br>yourself/external<br>club in a<br>competitive<br>sports event                   |
|---------|--|--|---|
| EP      | Research a<br>religious leader<br>who<br>demonstrated<br>respect and<br>write a poem or<br>short story about<br>them | Research any of<br>the following to<br>discover how<br>they have shown<br>resilience<br>(Malala<br>Yousafzai,<br>Nelson Mandela,<br>Ghandhi) | Design an<br>advertisement<br>that encourages<br>students to study<br>EP                                      |
| Science | Teach one of<br>your peers a<br>new scientific<br>skill, technique<br>or procedure                                   | Create a revision<br>resource which<br>can be shared<br>with the class for<br>others to use  | Research a<br>scientific<br>concept that<br>interests you,<br>and present your<br>findings to your<br>teacher |