



## Useful Dates

16 Sep	Year 12 & 13 Theatre Workshop
16 Sep	PTA AGM/Meeting
17 Sep	Year 12 Parent Information Evening
18 Sep	Year 11 Geography Hunstanton Trip
19 Sep	Year 11 Geography Hunstanton Trip
20 Sep	Freshers' Fayre
21 Sep	Old Girls' Association Summer Luncheon
24 Sep	Duke of Edinburgh Celebration Evening
25 Sep	Year 7, 9, 11 & 12 School Photographs
27 Sep	Bag2School Collection & Civics Day
27 Sep	Year 10 Food & Nutrition Trip to University Academy
27 Sep	Year 7 & 8 Pizza & Movie Night

## Happy New Academic Year to all parents and friends of the High School

I hope you and your family got the chance for a relaxing break this summer. Its been lovely to welcome students back into school and of course to welcome our 146 new Year 7 students as well as students new to the school in other year groups.

I hope this first newsletter of the term provides some useful information at the start of this academic year.

### Site

The site team are always at their busiest as soon as students leave the building with their annual programmes of redecoration and school maintenance. Most work this holiday in addition has centred around the installation of a brand-new boiler system after a successful bid last year by both schools in the Trust to the Government for additional funding.

### IT

The holidays also saw significant work to our IT systems updating the network so that students and staff moving across both Robert Carre Trust (RCT) sites can access their files with one login wherever they are. This will be a significant improvement especially for our sixth

formers. The network is updated to Windows 10 as well whilst 26 brand new PC stations have been installed in the Design and Technology area. This will benefit all students during their Design and Technology lessons as well as those in Years 10-13 studying Business GCSE or CTEC.

Some of this work is thanks to the generous commitment by parents to the RCT fund.

## New staff and changes of role

You will see the pen portraits of some of the new staff joining us this September but you may also like to be aware that the following members of existing staff take on the following roles this year.

Mrs D Collett is taking over from Mrs Tipper (who is enjoying semi-retirement but remains at the High School as a part-time Maths teacher) as Assistant Headteacher: Pastoral. She oversees the team of Heads of Year and Tutors as well as having oversight of the Special Educational Needs team. She is the School's Safeguarding Lead.

Miss K Duffy is now Subject Leader for Maths whilst Mrs S Livingstone is Subject Leader for Geography.

Miss N Byrne and Mrs E Constantine take on the roles of Heads of Year 8 and 9 respectively.

## Coming up over the next couple of weeks:

Please do ask your daughter(s) about their experience of the forthcoming Freshers' Fayre. It's our start of the year sign up opportunity for school clubs both at lunchtime and after school. We will soon be publishing details of our cross RCT annual school sponsored walk; an event that is compulsory for Years 7-10 but optional for Years 11-13 this year.

Mrs D Collett



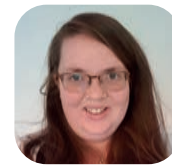
Miss K Duffy



Mrs Livingstone



Miss N Byrne



Mrs E Constantine



# WELCOME TO OUR NEW STAFF

## Mrs Ferrari (Maths)

My name is Mrs Ferrari and this September I've started working at KSHS as a second in Maths.

Previously I have taught at Banovallum School, King Edward VI Academy and Carre's Grammar School. I absolutely love Maths and have the passion to make Maths fun, interesting and relevant to everyday life. I have a special respect for students with learning differences, having two members of my family who are dyslexic.

I enjoy classical music, good books, films and renovating houses from time to time.



## Mr Mapletoft (History)

This is my first year of teaching and I am looking forward to the opportunities that lie ahead.

I have lived in Lincolnshire my entire life, this is probably where my enjoyment of the outdoors comes from. I either run or walk every day, sometimes many miles, sometimes only for twenty minutes. I also practise martial arts as a way to refresh myself after a full day of teaching.

I teach History, Religious Studies and ICT. My degree is in History, I think it is great to come to 'work' in the morning to talk about things I find fascinating. I am passionate about life chances of young people, I was very fortunate myself and want to assist all my students as best I can. I truly believe anybody can do anything if they put their mind to it.

I am also interested in psychology, in particular criminology. I enjoy looking at certain minds as a puzzle and trying to solve them.



## Miss Powell (Science)

Hello, I'm Miss Powell and I'm one of the Science teachers here at KSHS. While I teach all sciences throughout Years 7 and 8, I specialise in Chemistry and Physics (please don't ask me to pick a favourite). Outside of school I like to spend time taking care of my herb-and-flower garden, trying out new things to cook (not all of them successes), cycling, and spoiling my two exceptionally lazy cats.



## Mrs Renard (Maths)

I am delighted to be joining the Mathematics department at KSHS this September. I have been teaching for over twenty years in different schools within the UK. I have also lived in Germany and taught English and Mathematics to adults. I enjoy spending time with my family and travelling. I like being active, I enjoy walking and regularly run taking part in charity events.



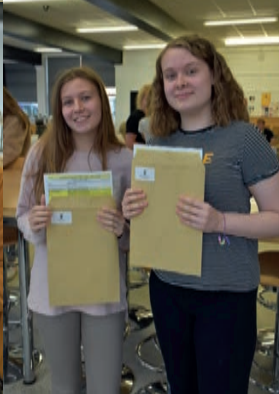
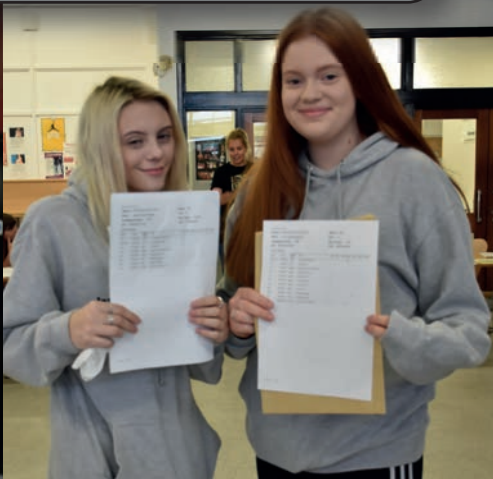
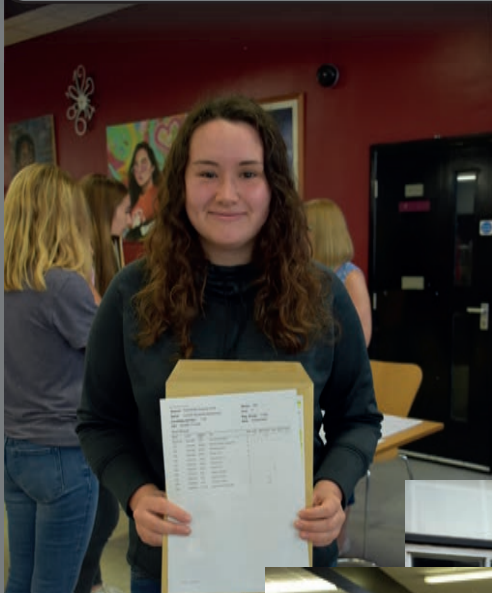
## Mrs Samworth (Modern Foreign Languages)

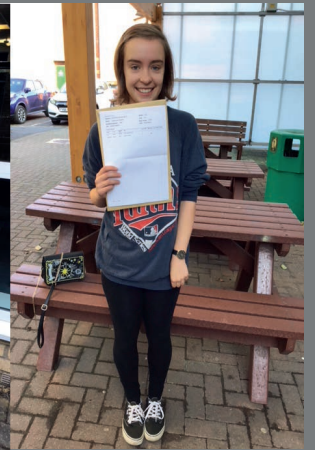
I have been a languages teacher for 23 years and I am delighted to be teaching at KSHS. Languages are my passion - I have studied German, French, Russian and Spanish and I like to try out all of the latest ideas for making language learning fun. I love to travel and it always feels really good when you can understand the language of the countries you visit. My other interests include walking, reading and listening to music; I am an 80's expert!





# GCSE Results Day 2019





## A Level Results Day 2019

### YEAR 7 GEOGRAPHY FIELDTRIP TO SKEGNESS (JULY 2019)

Students and staff alike enjoyed the annual Geography fieldtrip to Skegness during the last week of the summer term. The weather was kind, allowing students to complete both human and physical fieldwork in the sunshine.

In groups they were able to explore the impact of tourism on the town by awarding environmental quality perception scores to different locations.

On the beach students looked for evidence of coastal management and drew field sketches of hard and soft engineering strategies. The highlights for many students were designing and creating sustainable coastal defences in the sand and role-playing a pebble being transported by longshore drift along the coastline.

The doughnut/ice-cream was also a treat to be enjoyed at lunchtime!

The Geography Department



# KSHS Celebrates Achieving the National Wellbeing Award for Schools

Staff and students at the High School are celebrating being awarded the prestigious Wellbeing Award for Schools.

The national award, accredited by the National Children's Bureau (NCB), recognises best practice in promoting the emotional wellbeing and mental health of both students and staff.

Assessors visiting the school in July commented on the open and knowledgeable approach of staff and the success of training given to them. "The profile of wellbeing is high amongst both staff and students... parents speak highly of support offered to their children with staff going the extra mile to meet the needs of students".

Students themselves were part of the accreditation of the award commenting to assessors on how the school was "close and supportive... one big family".

As well as offering support to students and staff when they face challenges that affect their emotional wellbeing the school was praised for its proactive approach to making sure students and staff felt confident in looking after themselves.

Particularly noted were the presentations to students from the charity 'Think for the Future', the availability of the wellbeing team of staff at 'the House', the shelf-help area in the Library, the wellbeing boards around the school, the growth mindset awards and the active student council with its wellbeing sub-committee.

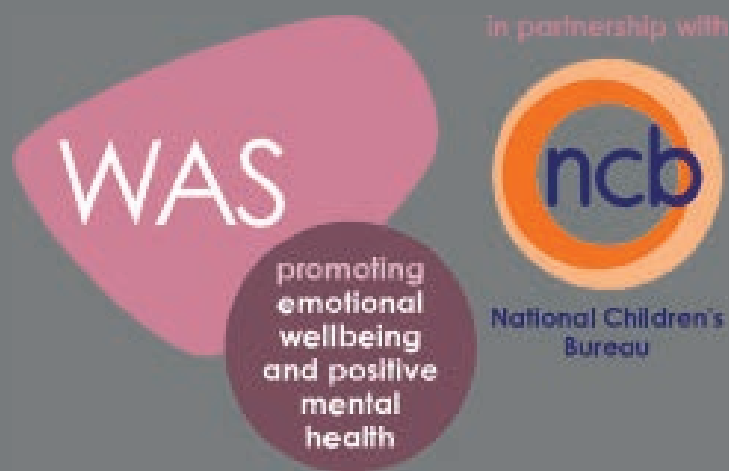
This academic year sees the introduction of 'Wellbeing Wednesdays' for students as well as continued efforts to keep good mental wellbeing as high on the agenda as physical wellbeing.

Our thanks go to Mrs Tipper and members of the staff wellbeing team for overseeing the successful award accreditation.

Mrs Tipper said:

*"I am thrilled that the school has achieved the Wellbeing Award – it has recognised all the continuing hard work of the staff in looking after the Mental Health and Wellbeing of not only the pupils but of their colleagues as well".*

*"Mental Health and Wellbeing is one of the biggest challenges facing society today therefore educating everyone to look after themselves and each other is vital".*



Deputy and Assistant Head Girls  
Izzy and Fliss receive the award

# You said... We did....

**Some of you were kind enough in May 2018 to complete a parental survey via Survey Monkey. It asked a range of questions about your impressions as a parent of the school and its effectiveness as a place of learning for your daughter(s).**

**You may therefore be interested in this update of four key findings from the surveys:**

1. You asked how parents could have a wider role in their child's education
  2. You queried the impact of KSHS joining forces with Carre's as part of the RCT and the resourcing and financial benefits this had brought
  3. You asked about the curriculum at the school (which subjects students in particular years are taught) compared to other schools
  4. You were interested to learn more about the Governance arrangements of a Multi Academy Trust
- In newsletters last year (they are all available still on the school website) we have tried to keep you updated on some of those queries. Number 4 for example was addressed in a piece by the Executive Head Mr Law.

Over the next three editions I will try to cover the others specifically in turn.

How can parents of KSHS students have a wider role in their child's education?

Some parents find it much more difficult to be as involved in their child's education as their daughter starts secondary school. Mostly because the students themselves are keen to find independence and girls are brilliant about telling you what's gone wrong and not always about what's gone right! Getting the right balance is hard sometimes so at KSHS we are active in trying to involve you when it matters and work with your daughters to find ways for them to be academically and socially independent in gradual steps as they progress through the school. Some of the actions we have taken since the survey include the following:

1. Do be sure to register for WEDUC our parent school communication system App and set notifications up on your phone. We realise it is another APP but we use it to send all sorts of important information home including your child's tracking reports, letters about trips, permissions forms as well as the regular newsletter. We are happy to help you get going or provide technical assistance. Just call the school office.

2. This year we have tweaked our reporting systems to parents. Please look out for the new style tracking reports on your daughter's academic attainment and progress against her targets, as well as her attitude and effort to learning. They are sent three times a year for most year groups.

3. This year we are redesigning our Year 9 options information evening so that parents can talk to a wider variety of teaching staff face to face about the content of the GCSE syllabuses in each subject.

4. We have also introduced an additional 'Settling in to GCSE' evening for parents of Year 10 students.

5. We encourage parents to use the school planner to communicate with staff or simply to keep an eye on the work your daughter has been set to do at home. You can find more detail about what topics your child is studying and the work they will be assessed on on our curriculum website pages [here](#)

6. A vacancy is available this year for a new parent governor. Please look out for more detail in due course. This role helps set the strategic direction of teaching and learning in the school.

7. We are very fortunate as a secondary school to have an active Parent Teacher Association that does great work in raising funds for the little extras in school. Please do drop Bronwyn.fleming@kshs.uk a line if you would like to be involved. New members are always made very welcome.

8. Advice on a range of school issues (including information about the curriculum content your child studies and how we assess your child) can be found on our school website along with all our newsletters which contain regular updates, diary dates.

9. You can load the school calendar onto a personal device if you wish. Please visit the school website for guidance.

10. We are keen as a school to ensure that any concerns you have about your daughter's learning are addressed promptly. Please see our [Home School Communication Policy](#) about what you can expect as a parent.

11. We are keen to praise all students for getting things right: in and outside the classroom. Look out for the Growth Mindset and subject recognition award postcards we send home, ask your daughter about her achievement point score or look out for the invitations to our 2 annual prize giving ceremonies in the Summer and Autumn terms.

# YEAR 8 TRIP TO GERMANY

On the 10th of July last academic year, 88 members of Year 8 got the amazing opportunity to go to Hellenthal, a small town in the West of Germany.



To get to this scenic town we all had to get on 2 coaches and drive three and a half hours down to Dover, where we proceeded to get a ferry to Calais. We drove another two hours to Brussels, where we stayed overnight in order to break up our journey before continuing to Hellenthal.

Upon first arriving at our hostel in Germany everyone was restless and therefore very excited to start the activities. We all got the opportunity to go on a high ropes course and to then choose between ladder climbing, giant swing or tree climbing. All of these activities were scary but so much fun and were a real opportunity to challenge ourselves. After unpacking and dinner we got the chance to do various night activities such as volleyball and sensory trail in which one person must guide their blindfolded partner around a forest trail marked by rope. All of these activities were not only great, but allowed everyone to build trust, friendship and leadership skills. After an exhausting day of travelling and fun, everyone retired to their rooms in order to sleep in preparation for the day ahead.

The next day everyone got to do three activities: look around Hellenthal and explore features to help

us with our social geography, look around a fascinating 16-buttress dam and visit the local wildlife park/bird sanctuary.

In Hellenthal we used more of our geography skills to look at all of the facilities the town had to offer and evaluate different things such as crime rates, facilities for locals and tourists and the environmental quality. We also had to use our German skills to order ice cream from a local shop! Later we got an engaging tour, both inside and outside of the Olef. The dam holds around 20 million cubic metres of water in its reservoir and was built between 1954 and 1959 (but has since been reinforced twice) to supply drinking water to locals and to prevent floods in the valley.

The wildlife park was yet another huge highlight of the trip. We got the opportunity to see many animals from fallow deer to llamas, warthogs and parakeets. We also got to see a bird of prey display and go on a short train ride around the park. The display was very impressive and showcased many of the great birds there. We ate a classic German dinner there: salad, Schnitzel or Currywurst.

The next day we unfortunately had to make our long way back home again. After the lengthy and tiring journey, we got home ready to sleep! From the whole of Year 8, we would like to thank Mr Rooke for organising the trip and all the staff who planned it and came with us. We had a blast and an amazing residential like this wouldn't be possible without you.

Isabel Lyle 9F

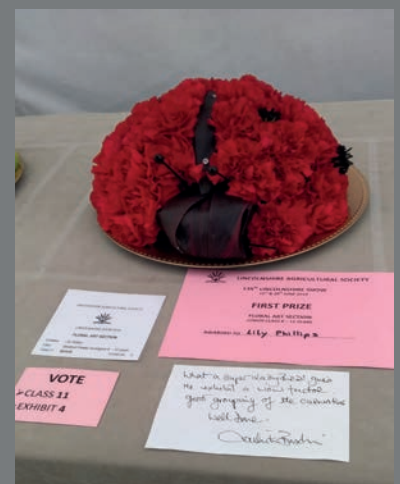
LILY (8L)

## FLOWER ARRANGING AT THE LINCOLNSHIRE SHOW

Congratulations to Lily in 8L who won the Junior Floral Art Section at the Lincolnshire Show in June.

The theme was 'insects' and Lily made a ladybird (as you can see in the photo). Lily did really well as she also won the 'People's Vote' where the general public were invited to choose their overall favourite flower display.

Well done Lily!



# Fundraising Success for Kayleigh and Friends

Kayleigh (Year 8) and her friends have spent some of their holiday raising over £1,200 for St Barnabas Hospice.

Kayleigh's proud Mum Leann said "Kayleigh came up with the idea in May. It was the 1st year anniversary of one of her primary school Teaching Assistant's passing away. It really hit her hard. She was at the school with Kayleigh all the way through to Year 5 when she was diagnosed with breast cancer. Kayleigh really struggled with losing her. She came home and asked questions about what would happen and who would be there for her and her family. She then decided on wanting to help others who may be suffering in the same way".

Kayleigh came up with the idea of a raffle and, harnessing the power of social media, she managed to acquire around £1,000 worth of prizes. Contributors were so generous that Kayleigh had 29 prizes to raffle including 10 hampers which she put together herself.

On 17th August with the help of three friends including Eden and Ruby from the High School, Kayleigh spent the day selling raffle tickets at Tesco. The group grew in confidence throughout the day as they persuaded people to contribute to this worthy cause.

Well done girls!



## DUKE OF EDINBURGH AWARD

Welcome to the new DofE Season 2019/2020.

If students wish to register for any level of DofE to do their Expeditions in 2020 the deadline is 30 September. Students should hand in their forms to Reception or give them to me at the DofE Club as soon as possible and ask the bill payer to address the request on Parent Pay.

If students were away on expedition in the 2018/2019 season and they are now near to finishing they should get their assessor reports uploaded to eDofE. Aim presentations and kit return are both now overdue and should be returned to me as soon as possible.

The Celebration evening is on 24 September and to enable students to collect their certificates at this event they will need to see me by no later than 20 September to ensure they are all finished. Invitations will go out shortly and RSVPs will be required by 20 September.

Thank you.

Mrs M Walker  
Duke of Edinburgh Award Co-ordinator



## Library News

September is always a very busy month in the school Library. Students are being issued with text books for the coming year, as well as stocking up on new books to read for pleasure. Our Year 7 classes are being introduced to the Library and the many ways that it will enrich their time at KSHS whilst the Joint sixth Form students are already using the facilities for independent research and study.

Over the coming months there will be various events that students can get involved with. Coming this Autumn, the English Department will begin its annual collaboration with the Library to find teams to represent our school in the National Kids Lit Quiz.

Also, there is National Poetry Day on October 3rd, with the Lincolnshire Schools Poetry Competition taking place as a companion event. (more details to follow).

Our Library is a popular and vibrant part of school life, with the aim of encouraging a lifelong love of reading in support of both learning outcomes and reading for pleasure. May I draw your attention to our opening hours, which extend beyond the timetabled day for the benefit of students in all year groups.

Mrs C Gibson  
Learning Resource Manager



# LIBRARY OPENING HOURS

**MON -THURS**

**9.00-5.00**

**FRIDAY 9.00-4.30**

FICTION  
NON FICTION  
CLASSICS  
MANGA  
GRAPHIC NOVEL  
SHORT STORIES  
REFERENCE  
EBOOKS  
SHELF HELP

**READ AND RELAX  
BROWSE AND BORROW  
LOOK AND LEARN  
HOMEWORK  
QUIET STUDY**

MAGAZINES  
NEWSPAPERS  
NEWS CHANNEL

- **APPLY TO BE A LIBRARY CAPTAIN**
- **TAKE PART IN THE KID-LIT QUIZZES**

**COMPUTERS  
HEADPHONES  
PRINTING  
PHOTOCOPYING**

**CAREERS  
UNIVERSITIES  
APPRENTICE-  
SHIPS**

## PTA news

The KSHS PTA AGM is being held in the school staff room on Monday 16th September, if you are able to attend you will be made most welcome.

If you are unable to attend the AGM but would like to contribute to the fundraising of the PTA please consider becoming a member of the 100 Club, we have had very little interest this year and if we do not sell more numbers we will have to discontinue the club, which would be a shame. Thank you to those who have supported the PTA in this way, if we do sell enough numbers, your allocated numbers will be sent by post in around 4 weeks' time. If we do not sell enough numbers a refund will be arranged. 100 Club forms have been sent out to all parents or are available to upload from the school website.

Events that the PTA are running this term are a Pizza and Movie night for the Year 7 and 8 students on 27th September to coincide with our bi-annual Bags2school collection and civvies day.

### Pizza and Movie night for Year 7 and 8 Incredibles 2

Letters have been sent out enabling you to book a ticket for the evening please return these with your payment and pizza choice to the school reception by Friday 20th September.

## Bags2school

They accept 'good quality' items for re-use:  
Clothing - men, women and children  
Paired shoes (tied together or elastic band around)

Handbags

Hats

Bags

Scarves and ties

Jewellery

Lingerie

Socks

Belts

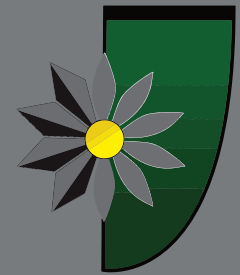
Soft toys

Household linen

Household curtains

Household towels

Household bedding (bed sheets, pillow cases and duvet covers



They do not accept:

Duvets and blankets; Pillows and cushions  
Carpets, rugs and mats (including bath, shower and toilet mats)

Soiled, painted, ripped or wet clothing

School uniforms with and without logo

Corporate clothing and workwear

Textile off cuts, yarns or threaded material

We are a small and friendly group and would really welcome new parents and staff who could help us run activities to raise money for the school.

Thank you for your continued support.

Mrs B Fleming  
Chair KSHS PTA

# Year 7 and 8 Movie and Pizza Night

27th September 2019

Tickets £4.00

ON SALE

from the

9th September



## NEXT BAG2SCHOOL COLLECTION FOR PTA FUNDRAISING

NON-UNIFORM DAY

FRIDAY 27<sup>TH</sup> SEPTEMBER

BRING A BAG OF UNWANTED CLOTHES TO SCHOOL  
OR PAY £1 TO WEAR NON-UNIFORM.

BRING YOUR BAG TO OUTSIDE MRS WHITE'S  
OFFICE BEFORE REGISTRATION.

THANK YOU FOR YOUR  
SUPPORT OF KSHS PTA



# LOCKDOWN PLAN FOR THE ROBERT CARRE TRUST

At some point during this first term the school will carry out a lockdown drill, which is simply getting everyone into a safe place and sealing the exits. It is often referred to as 'invacuation'.

In July 2017, the teaching union NASUWT called for all schools to have a concrete protocol to be used in the event of a dangerous event happening on or near the premises, and in practice, more and more schools are adopting a 'lockdown plan'.

Ofsted also provides recommendations about ways schools should consider their security requirements and how to achieve them. One of those recommendations happens to be the use of the lockdown procedures in order to provide robust security at a moment's notice.

Lockdown might be required if:

- There is local air pollution due to a nearby fire or chemical release.
- There is a dangerous animal in the grounds.
- There is an incident of civil disturbance in the area that might affect the school.



Lockdown might be implemented if:

- There is an aggrieved, disturbed or intoxicated person trying to gain access to the school.
- There is an intruder on the site.
- There is an internal threat from a student.

Do schools have to have a lockdown procedure?

At the moment, the Department for Education does not compel schools to have a lockdown plan; however, legislation does require schools to take appropriate measures to keep users of the school site safe.

Over the next few weeks we will work with students and staff to help them understand more about what our lockdown procedure is, what is expected of them and why we are adopting one for the Robert Carre Trust.

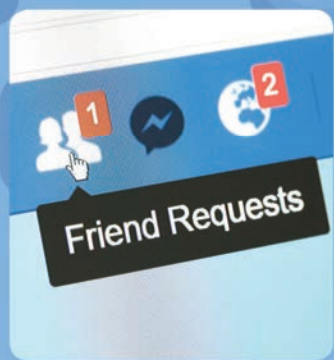
I hope that this information is useful to you and therefore can be used to discuss this topic with your son/daughter at home. We need to practice our lockdown procedures with students in the same way that we practice fire drills. If you are concerned that your child will be alarmed by practicing lockdown, please be reassured that we will take care not to frighten the students.

Mr A Allen

Operations Manager (RCT)



The whole concept of social media relies upon users having friends and/or followers. 'Friends' tend to be those with whom users will share their own personal profile. It's usually a mutual relationship with both parties able to engage and interact with everything their friends post online. 'Followers' on the other hand can typically be just one-way relationships and, dependent on the platform, only provide access to certain aspects of an individual's profile, such as a person's content feed. A common trait that often exists between the two however is the desire to gather as many friends or followers as possible.



## What parents need to know about SOCIAL PRESSURES LINKED TO 'FRIENDS & FOLLOWERS'



### POSSIBLE 'FRIEND ENVY'

Children may compare the number of friends or followers that they have with their own online friends and people they know. In some cases, this could lead to 'friend envy', particularly if they see this as a sign of popularity. This could lead to your child showing signs of jealousy and resorting to sending friend requests to people they don't know that well, or even strangers, in a desperate bid to increase their own status online.



### OPEN DOOR POLICY

Another way that children can increase their following is by leaving their accounts open so that they can be easily found, and anybody can view their posts. This is in the hope that other users will like their posts and decide to follow them, therefore increasing their numbers. Once again, this can leave your child vulnerable to being followed by strangers or people who have dishonest intentions.



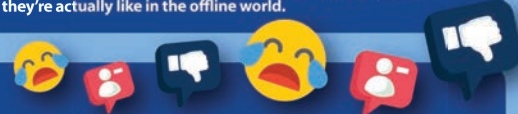
### COLLECTING 'FAKE' FRIENDS

Children who feel under pressure to increase their friend count or want to increase their following as quickly as possible can be vulnerable to collecting 'fake' friends. They may, for example, accept friend requests from people they don't know very well or from complete strangers, inadvertently leaving themselves open to online bullies, trolls or even the possibility of being groomed.



### CONSTANT NEED TO PLEASE

As children start to gain more friends or an increasing number of followers, they might start to feel an added level of pressure to provide them with more interesting and likeable content. Almost as if they now have an audience waiting, this constant need to please may be an extra burden that pushes your child into oversharing personal information or posting material that is inappropriate or offensive, inaccurately portraying what they're actually like in the offline world.



### FEELINGS OF REJECTION

Just like increasing friends and followers can bring a sense of happiness and satisfaction, so the loss of friends and followers can cause children to suffer feelings of sadness and rejection. Depending on how invested your child is in their social media activities, this could influence their attitude and behaviour offline and potentially have a negative impact on their mental health and wellbeing.



## Safety Tips For Parents



### BE THEIR FRIEND OR FOLLOWER

The best way to know who your child is friends with online or who follows them is to be their friend or follower yourself. This will allow you to see who your child is engaging with most online or open up discussions about how they know certain people they've added to their network who you haven't heard them speak about before or you yourself don't know.

### TURN ON PRIVACY CONTROLS

All social media platforms have their own privacy controls which can be used to help protect children online. For instance, removing the ability for strangers to comment on public posts or having a screening process for friend or follow requests is good practice which can help to ensure your child's experience online is a safer one.

### TALK ABOUT STRANGERS

If privacy measures have been put in place, then usually your child will receive a notification if somebody tries to befriend them online. Talk to your child about making sure they don't open up their personal life to people they don't know and that if they are ever in any doubt, they should never accept a friend request from a stranger.

### BEHAVE ONLINE AS THEY WOULD OFFLINE

Your child's behaviour online should always be treated as an extension of their behaviour offline. Discuss with your child the pitfalls of trying to be somebody they're not and that trying to please everybody will only make them unhappy. Tell them that they should be proud of who they are and that they should always behave in an appropriate and responsible way when posting content online.



### TALK TO THEM ABOUT THE VALUE OF REAL FRIENDSHIP

Social media can often distort what true relationships and friendships should actually be like. It's important to teach your child the value of true friendships and that meeting and speaking to people face to face in the real world, offline, is often a better way to build a more trusting and confident relationship with someone rather than just speaking to them online.



### DISCUSS WHAT BEING POPULAR ACTUALLY IS

A higher number of followers can be a measure of popularity but can also lack substance beyond just the number itself. Discuss with your child that popularity can come and go and that a large number of followers doesn't necessarily mean a large number of friends, particularly online where the real value in a relationship cannot be accurately determined.



### Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



# SPOTLIGHT ON SPORT



The new term has brought some exciting opportunities at KSHS for Physical Education and extra-curricular sport. The new clubs list has been distributed with a range of lunchtime and after school activities which are proving to be very popular and performers are working hard to progress or increase their skills for fixtures.

The Trampolining and Gymnastics clubs are limited to a set number of places and require students to sign up. If these clubs are over-subscribed, names will be randomly selected to participate for the term and the same procedure will take place next term to allow fair practice and more student participation. Students will need to ensure they regularly attend the club to maintain their place.

## Sleaford Schools Golf Championship

Freya (11W) and Sophie (8L) competed in the Sleaford Schools Golf competition at Sleaford Golf Club. Freya won the competition following a successful round to become Sleaford Schools Female champion. Sophie participated for the first time and is training for future competitions.



## Chestnut Street Primary School Sports Festival – Year 8 and 9 Sports Leaders

For another year running students from Years 8 and 9 collaborated to organise and run 18 different activities for the whole primary school. They showed excellent communication and leadership skills. Varying their leadership skills to suit effective delivery and enjoyment for the students aged 4 to 11. The students acted as fantastic role models.



## JUDO SUCCESS

Congratulations go to Mia (9L) for her fantastic achievement in the Heart of England Judo Championship on Saturday the 7th of September. Despite being the youngest, lightest and lowest grade in her category, Mia came away with an impressive bronze medal after fighting competitors from all over the UK as well as Cyprus, Russia, Ireland, and France.

Well done, Mia!

Pictured: Mia with her coach, Julie



## County Trials - Netball

Congratulations to Evie who has re-qualified for Notts County U15s Netball and also U15s Loughborough Lightnings and to Molly Mountain (11L) who has qualified for the U17 Loughborough Lightnings.

Congratulations also go to Agatha Redgrave (9L) and Grace McHenry (9L) who have qualified for the Lincolnshire Netball team.

Well done to all and good luck in the season!

## Student Sporting Success



### Lottie Wells (10W) - Football

On September 1st I went to Warwick University to compete with my team (Doncaster Belles) in the U16 FA Youth Development Festival. We were up against teams from all across the country, including bigger names such as Manchester United, Manchester City, Arsenal and Chelsea. We were put into a random draw and ended up in a group with South West and East, Bristol and Blackburn. We won against South West and East 2-0 and Blackburn 1-0. We drew against Bristol 0-0. This meant we were top of our group so we were put into a group playing all other first place teams. Arsenal, Chelsea, Sheffield United and Birmingham. Unfortunately we lost to Birmingham, Sheffield United and Arsenal 1-0 and drew 2-2 against Chelsea. We ended up ranking 5th out of 24 teams.

### ELLA - YEAR 10 POWERLIFTING SUCCESS

Congratulations to Ella in Year 10 who competed over the summer in the North Midlands Powerlifting Championships and came second in the Under 16 category. Ella squatted 67.5kg, bench pressed 37.5kg and deadlifted 80kg which gave her a 185kg total and qualified her for entry into the British Junior Championships which will be held in Northumberland in November.



Good luck Ella!

Upcoming Fixtures		
Age Group	Opposition	Date
<b>Netball</b>		
Year 8	SWRHS	Home Thursday 19 <sup>th</sup> September
Year 8	Walton	Away Thursday 26 <sup>th</sup> September
Year 9	SWRHS	Home Thursday 19 <sup>th</sup> September
Year 9	Walton	Away Thursday 26 <sup>th</sup> September
Year 10	SWRHS	Away @ SWRHS Tuesday 17 <sup>th</sup> September
Year 11	SWRHS	Away @ SWRHS Tuesday 17 <sup>th</sup> September
<b>Football</b>		
KS3	St George's Ruskington	Away @ St George's Ruskington Wednesday 18 <sup>th</sup> September
Under 13	English Schools Football (ESFA) Association v John Ferneley	Home Tuesday 1st October

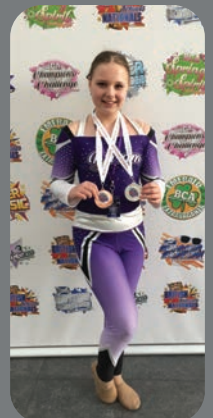
### Mia Zadora- Chrzastowska (9W) - County Swimming

Mia took part in a Swimming competition in Sheffield where she swam in eleven races. She came away with 9 medals and achieved eleven county times. Mia is hoping for some Midland qualifying times this season.

Mia is thrilled with her achievements - she has only been swimming competitively for a year. Well done Mia!

### MILLIE (8L) DANCE SUCCESS

Millie has been dancing with 'Dream Extreme' who are based in Ruskington since she was eight years old. She has travelled as far as Guildford and Blackpool to compete. Millie is part of six different competitive teams - Junior and Senior Cheer, Pom, Hip Hop, Jazz and Lyrical and this year she has completed in 16 dances at competitions. Her teams have earned nine first places and four second places. In addition, after winning the regional competition, her team also went to the Nationals where they were placed third in Pom. Congratulations Millie!



Physical Education  
Extra-Curricular Timetable 2019  
Term One

	Lunchtime 12.40-13.10	After School 15.45-16.45
Monday	Netball Year 8 & 9 Volleyball KS 4	Trampoline and Netball - Key Stage 3 (unless a fixture is scheduled)
Tuesday	Netball Year 10 & 11 Football KS 3	Netball League Fixtures
Wednesday	Dance Year 7 & 8 Football KS 4	Squad Football
Thursday	GCSE Trampoline Netball Year 7 Gymnastics All Years	Netball League Fixtures Basketball KS4 (Week 2)
Friday	Match Prep Teams as required Running Club All Years Badminton All Years	Basketball KS4 (Week 1)

**Please Note: All clubs will run from Monday 9<sup>th</sup> September 2019  
Team lists will be displayed on the board in the sports hall**

**To come: Golf – run by Sleaford Golf Club pro golfer  
Rowing – in collaboration with Newark Rowing Club**

**Please look out for our full clubs list after the Fresher's Fayre has taken place**



**KESTEVEN & SLEAFORD HIGH SCHOOL**  
**A SELECTIVE ACADEMY, PART OF THE ROBERT CARRE TRUST**  
Jermyn Street, Sleaford, Lincolnshire NG34 7RS  
Tel: 01529 414044

11-18 Selective Girls' Academy with a Co-educational Sixth Form NOR 761

**TEACHER OF MATHEMATICS**  
**(TEMPORARY – MATERNITY COVER)**  
Full or Part Time (0.8–1.0) – January to July 2020

One of the highest achieving schools in Lincolnshire at both GCSE and A Level, we are a friendly and high achieving girls' grammar school and part of the Robert Carre Trust and Sleaford Joint Sixth Form.

The successful candidate will:

- deliver and foster outstanding teaching and learning
- be able to inspire, support and challenge pupils, ideally up to GCSE standard

We offer:

- A warm, welcoming, collegiate atmosphere
- Highly motivated, intelligent students who are a pleasure to teach
- A genuinely committed, supportive and successful team of teachers
- Excellent CPD opportunities both in house and as part of the LTSA
- The benefits and opportunities of being part of the Robert Carre Trust
- Free gym membership

Please return application forms available on our website: [www.kshs.uk](http://www.kshs.uk) and a brief covering letter outlining your suitability for the post to Mrs H Gill, PA to the Headteacher (email: [helen.gill@kshs.uk](mailto:helen.gill@kshs.uk)). Alternatively please contact the school to discuss this role or to visit us in advance.

We reserve the right to interview candidates on application.

As part of the Robert Carre Trust we are committed to safeguarding and promoting the welfare of children and young people and expect all staff to share this commitment and to undergo enhanced DBS checks.

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### **TEMPORARY SUPPORT STAFF ROLE**

Do you have experience in organising examinations in school or do you have a working knowledge of SIMS?

We are looking for a member of support staff to cover for an absent colleague and join our Data and Exams team.

If you would like further details about this temporary part or full-time role please contact Mrs H Gill, PA to the Headteacher – email: [helen.gill@kshs.uk](mailto:helen.gill@kshs.uk)