



PSHE Scheme of Learning

8.5: Healthy Relationships

Intent – Rationale

This unit fits within the *Healthy Relationships* theme.

Within this unit of work students will be taught how to communicate in a healthy way, and understand how to keep themselves safe in various relationships.

The topics will allow for positive discussions around potentially sensitive topics where students will be reminded of how/where in-school support can be accessed.

Sequencing – what prior learning does this topic build upon?		Sequencing – what subsequent learning does this topic feed into?	
<ul style="list-style-type: none"> • Healthy Relationship (including consent) 7.2 PSHE • Healthy Relationships (including relationship values) 8.3 PSHE 		<ul style="list-style-type: none"> • Y9 Stay safe day • Healthy Relationships (including Managing Unhealthy Relationships) 10.4 PSHE • Y11 PSHE Day 	
What are the links with other subjects in the curriculum?		What are the links to SMSC, British Values and Careers?	
<ul style="list-style-type: none"> • Science • EP • English 		<ul style="list-style-type: none"> • British Values – Individual Liberty – links to the choice to become a parent & the accessibility of contraception. 	
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?		What are the opportunities for developing mathematical skills?	
<ul style="list-style-type: none"> • Possibility to share age-appropriate articles from the media 		<ul style="list-style-type: none"> • Use of statistics 	



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8.5 Healthy Relationships

Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?	
<p><u>Know</u></p> <ul style="list-style-type: none"> - About the nature of parenthood - What defines effective parenting - How and why different contraceptives are used - How to manage conflict within a relationship <p><u>Apply</u></p> <ul style="list-style-type: none"> - Students will be able to explain the complexities of parental choices - Students will be able to explain the impacts of different communication styles <p><u>Extend</u></p> <ul style="list-style-type: none"> - Students will be able to evaluate the qualities required to be a good parent - Students will be able to evaluate the long term impacts of using different communication styles 	
What subject specific language will be used and developed in this topic?	What opportunities are available for assessing the progress of students?
<ul style="list-style-type: none"> • Passive • Assertive • Aggressive • Passive-aggressive • Contraception • Responsibilities 	<ul style="list-style-type: none"> • Each lesson typically begins with a baseline assessment that is then returned to during the lesson which allows misconceptions to be identified and addressed.



Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
8.5.13 - Parenting	To describe some of the consequences of being a parent	To evaluate the qualities required to be a good parent	Lesson 8.5.13 on Staff Drive <ul style="list-style-type: none"> - Agree-disagree continuum - Consequences & challenges of being a parent group task - Roles & responsibilities of parents questions
8.5.14 – Managing Conflict	To be able to recognise that disagreements in family relationships are common but that effective communication can improve relationships	To explain different communication styles To give examples of assertive communication	Lesson 8.5.14 on Staff Drive <ul style="list-style-type: none"> - The table of different communication styles - Conflict scenarios task - Storyboard task
8.5.15 – Introduction to Contraception	To describe what is meant by contraception	To explain how and why condoms are used To explain how and why the contraceptive pill is used To explain where to get contraception from	Lesson 8.5.15 on Staff Drive <ul style="list-style-type: none"> - Matching images and descriptions task - NHS condom demonstration video - Scenarios task