



PSHE Scheme of Learning

10.3: Healthy Lifestyles – Substance Use

Sequencing – what prior learning does this topic build upon?	Sequencing – what subsequent learning does this topic feed into?
<ul style="list-style-type: none"> Year 7 – Smoking, Alcohol and Drugs module Year 8 – Exploring attitudes to drugs, drugs and the law, drugs and their effects Year 9 – Drugs covered in Stay Safe Day 	<ul style="list-style-type: none"> Year 11 – Risky Behaviour
What are the links with other subjects in the curriculum?	What are the links to SMSC, British Values and Careers?
<ul style="list-style-type: none"> PE (Importance of healthy lifestyles) 	<ul style="list-style-type: none"> SP (L1) M (L1; L4; L5; L6) SO (L1; L4; L5; L6)
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?	What are the opportunities for developing mathematical skills?
<ul style="list-style-type: none"> Possibility to share age-appropriate articles from the media 	<ul style="list-style-type: none"> Use of statistics (e.g. to understand the prevalence of substance use amongst young people) Considering short-term expense vs long-term investment

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10.3 Substance Use

Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?



Know

- What the effects of various substances are

Apply

- Students will identify strategies for coping with peer pressure in relation to substance use

Extend

- Develop strategies to assess risk

What subject specific language will be used and developed in this topic?	What opportunities are available for assessing the progress of students?
<ul style="list-style-type: none"> • Substance use • Dependency • Internal • External 	<ul style="list-style-type: none"> • Each lesson typically begins with a baseline assessment that is then returned to during the lesson which allows misconceptions to be identified and addressed. • Opportunities for staff to monitor progress through booklet use

KESTEVEN AND SLEAFORD HIGH SCHOOL



Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
10.3.9	To learn about how alcohol and other drugs can affect decision-making	To evaluate the different ways of staying safe and supporting friends	Lesson 10.3.9 on Staff Drive
10.3.10	To explain how different internal and external influences can affect decision-making	To identify strategies for managing peer influence	Lesson 10.3.10 on Staff Drive
10.3.11	To know what addiction is and how it can affect individuals	To evaluate and challenge potential barriers to seeking support	Lesson 10.3.11 on Staff Drive