



PSHE Scheme of Learning

8.1: Health & Wellbeing – Attitudes to Drugs

Intent – Rationale

This unit fits within the *Health & Wellbeing* theme. A golden thread throughout the life of the school is the active promotion of various aspects of wellbeing. This short series of lessons will enable students to further develop their knowledge of key areas of drug education, such as our attitudes to drugs; understanding the law around drugs; an awareness of risk around substance use and how to manage influences around substance use.

Within this unit of work students will be taught how to lead a healthy lifestyle.

The topics will allow for positive discussions around potentially sensitive topics where students will be reminded of how/where in-school support can be accessed

Sequencing – what prior learning does this topic build upon?	Sequencing – what subsequent learning does this topic feed into?		
<ul style="list-style-type: none"> 7.1.1 	<ul style="list-style-type: none"> Y9 Stay safe day Y10 HT1 Y10 HT2 Y11 Health & wellbeing day 		
What are the links with other subjects in the curriculum?	What are the links to SMSC, British Values and Careers?		
<ul style="list-style-type: none"> Science EP 	<ul style="list-style-type: none"> SP (L1, L2, L3) M (L3) SO (L1; L2, L3) 	<ul style="list-style-type: none"> BV2 BV4 	<ul style="list-style-type: none"> GB8
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?	What are the opportunities for developing mathematical skills?		
<ul style="list-style-type: none"> Possibility to share age-appropriate articles from the media 	<ul style="list-style-type: none"> Use of statistics 		



KESTEVEN AND SLEAFORD HIGH SCHOOL

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Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?	
<p style="text-align: center;">Know</p> <ul style="list-style-type: none"> - The names, appearances and effects of a range of illegal drugs <ul style="list-style-type: none"> - What is meant by the term <i>county lines</i> - Legal implications associated with drug use (e.g. of possession & supply) <ul style="list-style-type: none"> - The UK law around consumption of alcohol <p style="text-align: center;">Apply</p> <ul style="list-style-type: none"> - Students will be able to explain reasons why some young people may (or may not) choose to use drugs - Students will be able to highlight possible short- and long-term effects associated with substance use <p style="text-align: center;">Extend</p> <ul style="list-style-type: none"> - Students will be able to evaluate a range of different factors that can influence young people in their attitudes towards consumption of alcohol and drugs 	
What subject specific language will be used and developed in this topic?	What opportunities are available for assessing the progress of students?
<ul style="list-style-type: none"> • Drugs • Effects of drugs • Possession • Supply • Influence • County Lines 	<ul style="list-style-type: none"> • Each lesson typically begins with a baseline assessment that is then returned to during the lesson which allows misconceptions to be identified and addressed.



Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
8.1.1 – Exploring attitudes to drugs	To learn about young people’s attitudes and behaviours regarding drug use	To assess reasons why young people might choose to use or not use drugs	Lesson 8.1.1 on Staff Drive <ul style="list-style-type: none"> - What are drugs baseline check - Drug use and young people - Why do some people use drugs? - How do drugs affect the brain? - Different types of drugs
8.1.2 – Drugs, law, and managing risk	To learn about potential legal consequences of using illegal drugs	To explain the short- and long-term consequences of being involved in the possession of, using and selling of illegal drugs	Lesson 8.1.2 on Staff Drive <ul style="list-style-type: none"> - Different drugs & their classification - Picture analysis: what are the risks? - Scenarios – what are the consequences?
8.1.3 – Drugs and their effects	To learn about short and long-term effects of alcohol and cannabis use on individuals	Describe a variety of health risks associated with problematic substance use	Lesson 8.1.3 on Staff Drive <ul style="list-style-type: none"> - Risks of using alcohol/drugs - Scenarios – how might situations affect risks associated with alcohol consumption/drug use? - Alcohol & the law - The effects of cannabis use
8.1.4 – Managing influence	To learn how to manage peer & other influence in relation to substance use	To consider the impact of influences on our attitudes towards alcohol & drug use	Lesson 8.1.4 on Staff Drive <ul style="list-style-type: none"> - Types of influence - Scenario task – who/what is influencing us? - Peer influence - End-point assessment