

KESTEVEN AND SLEAFORD HIGH SCHOOL

PSHE Scheme of Learning

Year 8 – Term 2

Intent – Rationale

to develop students' understanding of different health issues and ways of managing them positively

<p>Sequencing – what prior learning does this topic build upon?</p> <ul style="list-style-type: none"> • First Aid and warning signs of deteriorating mental health are taught in KS2 • A Healthy Lifestyle in Year 7 • Bullying in Year 7 	<p>Sequencing – what subsequent learning does this topic feed into?</p> <ul style="list-style-type: none"> • Personal Safety – Year 8 • Risks to health – Year 9 • Health issues – Year 10 • Health issues – Year 11 	
<p>What are the links with other subjects in the curriculum?</p> <ul style="list-style-type: none"> • Art – use of media to convey a message • Science – First Aid / human body • Computing – online safety 	<p>What are the links to SMSC, British Values and Careers?</p> <ul style="list-style-type: none"> • SP1/2/3/4 • M1/2/3 • SO1 • C1/2/4 	<ul style="list-style-type: none"> • BV3/4/5 • GB4a/b/c/d/e/f/g
<p>What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?</p> <ul style="list-style-type: none"> • Reading statements / facts 	<p>What are the opportunities for developing mathematical skills?</p> <ul style="list-style-type: none"> • 	

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Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?	
<p style="text-align: center;"><u>Know</u></p> <p>how to keep myself safe in a first aid incident how to define self-esteem how to define body image</p> <p style="text-align: center;"><u>Apply</u></p> <p>knowledge about what to say in an emergency phone call in a role play knowledge about what self-esteem is to consider my perception of myself knowledge about accessing help for any health issue</p> <p style="text-align: center;"><u>Extend</u></p> <p>confidence in using my knowledge of first aid in a role play knowledge about how to build my own and others' self-esteem criticality skills when looking at images of people's bodies</p>	
What subject specific language will be used and developed in this topic?	What opportunities are available for assessing the progress of students?
<ul style="list-style-type: none"> • electrocution • self-esteem • body image • perception • eating disorder 	<ul style="list-style-type: none"> • Student responses to 'agree / disagree' statements • Student responses to stimuli about self-esteem and managing my own and helping others' self-esteem • Student responses to different media messages about body image • Student responses to discussion points throughout the Eating Disorders DVD

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Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
First Aid	understand personal safety during a first aid incident	know what to say if I make an emergency call	
Self-Esteem	Consider my own self-esteem and how it can change	Consider strategies to build my own and others' self-esteem	
Body Image	Consider my own perception of my body	Consider how the media can impact my perception of my body	
Eating Disorders	Understand the different types and signs of eating disorders	Know where to get help and strategies for accessing help if you're worried about an eating disorder in any way	