

# KESTEVEN AND SLEAFORD HIGH SCHOOL

## PSHE Scheme of Learning Year 7 – Term 2

### Intent – Rationale

to encourage students to consider the importance of a healthy lifestyle including that online

<b>Sequencing – what prior learning does this topic build upon?</b>	<b>Sequencing – what subsequent learning does this topic feed into?</b>	
<ul style="list-style-type: none"> <li>• KS1/2 learning about friendships, bullying, puberty, healthy lifestyles, keeping safe online</li> </ul>	<ul style="list-style-type: none"> <li>• Further work on relationships within the family</li> <li>• Work on healthy lifestyles in Year 8</li> <li>• Relationships online in Year 8/9</li> </ul>	
<b>What are the links with other subjects in the curriculum?</b>	<b>What are the links to SMSC, British Values and Careers?</b>	
<ul style="list-style-type: none"> <li>• Pastoral – friends / friendship / rules / bullying</li> <li>• Computing – online safety</li> <li>• Science – puberty</li> <li>• PE / Food technology – healthy lifestyles</li> </ul>	<ul style="list-style-type: none"> <li>• SP1/2/3/4</li> <li>• M1/2</li> <li>• SO1/3</li> <li>• C4</li> </ul>	<ul style="list-style-type: none"> <li>• BV2/3/4/5</li> <li>• GB4a/b/c/d/e/f/g/h/i</li> </ul>
<b>What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?</b>	<b>What are the opportunities for developing mathematical skills?</b>	
<ul style="list-style-type: none"> <li>• Defining vocabulary</li> <li>• Writing summaries of longer sentences</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>	

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## Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?	
<p style="text-align: center;"><b><u>Know</u></b></p> <p>how to identify bullying in a scenario and how to report it                      how the internet is part of daily life                      how to look after my personal hygiene</p> <p style="text-align: center;"><b><u>Apply</u></b></p> <p>knowledge about bullying to consider how it can be stopped                      knowledge of the activities people do online to consider the positive and negative impact thereof                      knowledge about puberty to consider the importance of personal hygiene</p> <p style="text-align: center;"><b><u>Extend</u></b></p> <p>range of skills for dealing with different friendship issues                      knowledge about bullying to consider cyberbullying                      knowledge of a balanced diet and a healthy lifestyle</p>	
What subject specific language will be used and developed in this topic?	What opportunities are available for assessing the progress of students?
<ul style="list-style-type: none"> <li>• bullying</li> <li>• cyberbullying</li> <li>• puberty</li> <li>• personal hygiene (oral hygiene)</li> </ul>	<ul style="list-style-type: none"> <li>• Student responses to questions about scenarios / suggestions on how to reduce bullying</li> <li>• Student responses to questions about internet use and the positive and negative impact thereof</li> <li>• Student responses to questions about personal hygiene / puberty and changes to the body</li> <li>• Student summaries of longer sentences about healthy lifestyles</li> </ul>

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## Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Bullying	Recognise bullying in all its forms (including online)	Considering strategies to deal with bullying / unacceptable language / behaviour	
My online footprint	Recognise the effects of using the internet	Consider the impact of cyberbullying on individuals	
Hygiene & Puberty	consider the importance of personal hygiene	consider the different changes which happen during puberty	
A Healthy Lifestyle	consider the importance of a balanced diet	consider how to keep a healthy lifestyle	