

KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning Year 9 Badminton

Intent – Rationale

Pupils will focus on replicating and developing techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. In net games, it is the player aim to get the ball to land in the target area so that the opponent cannot return it.

Sequencing – what prior learning does this topic build upon?	Sequencing – what subsequent learning does this topic feed into?
<ul style="list-style-type: none"> Experienced a range of net games Experienced a range of roles within games Experienced some strategic ideas Played competitively 	<ul style="list-style-type: none"> • KS4 Badminton • GCSE Practical
What are the links with other subjects in the curriculum?	What are the links to SMSC, British Values and Careers?
<ul style="list-style-type: none"> • Literacy (key words), Maths (scoring), Citizenship (sportsmanship), Science (bodily functions and healthy lifestyle consequences) 	<ul style="list-style-type: none"> • BV2 • BV4 • SO • M
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?	What are the opportunities for developing mathematical skills?
<ul style="list-style-type: none"> • Literacy (key words) 	<ul style="list-style-type: none"> • Maths (scoring)

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Physical Education Scheme of Learning

Year 9

Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?

Know

Can select and accurately replicate a very good range of skills to outwit an opponent. Control of the shuttle is consistent and shots are performed fairly quickly in response to opposition pressure. Is able to demonstrate a sound level of tactical awareness and can respond to changing situations by changing and refining their stroke selection. Can suggest ways to improve performances. Can conduct a suitable warm up and explain why exercise is good for health and a sustainable life.

Apply

Good shot selection and shows accurate replication within game situations. Is influential in the game and successfully outwits opponents. Can change strategies and tactics to exploit opponents' weaknesses. Can analyse and explain how skills etc have been used and suggest ways to improve further. Will understand how different types of exercise helps with health and fitness and can suggest ways of warming up and cooling down.

Extend

Can use and replicate an excellent range of shots to outwit an opponent. An advanced level of skills/shot selection and consistent technique even under pressure. Is able to demonstrate a very good level of tactical awareness and can adapt and apply these to suit both defensive and attacking situations. Can analyse their own opponent's play using sound technical knowledge, and plan ways to improve team and individual performance. Can plan their own exercise and activity programme to suit their specific needs and carry it out.

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What subject specific language will be used and developed in this topic?	What opportunities are available for assessing the progress of students?
<p>Through the activities in this unit pupils will be able to understand, use and spell correctly words relating to:</p> <ul style="list-style-type: none"> tactics and techniques, base position, angles, forehand, backhand, smash, overhead, dig, set, volley, drop shot, block, push, chip, staying in the rally, finishing the rally, tactics, game plan, success criteria, officiating/umpiring, captaincy, adjustments/variations, anticipation, fitness 	<ul style="list-style-type: none"> Q & A, Formative and summative assessment.

Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
<p>Introduce the Grip and ready position</p>	<p>To be able to demonstrate & use the correct grip and ready position. To be able to recognise the flight of the shuttle and to be able to contact the shuttle with the face of the racket.</p> <p>To understand the different lines and areas on the court and be able to move around between them quickly.</p>	<p>To begin to outwit opponents with movement of the shuttle.</p>	<p>Warm up – Student led, progressive jogging and dynamic stretching.</p> <p>Pairs; demo grip and ready position. Teaching points; Shake hands, V of hand down side of racket, Wrist movement, side on racket up ready, on toes. Shuttle keepy uppy. Keep your eyes on the shuttle. Relax your wrist. Aim to land the shuttle in the centre of the racket face. Progression; backhand, spin round 360 degree. 1-1 maintain a rally. Singles basic games-teacher demo, 1v1 half</p>

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			court competition/ basic rules of badminton & scoring.
Introduce the Overhead/Underarm Clear	To perform and replicate overhead and underarm clear with control and accuracy. To develop the skill of outwitting an opponent using a combination of shots. To be able to accurately replicate basic shots in a small sided game implementing basic strategies and tactics.	To understand court marking and basic scoring. i.e. winning points and gaining serve.	Warm up – Student led, progressive jogging and dynamic stretching. Recap grip and court markings. Overhead clear. Teaching points; Position of shuttle- key to shot, Aim towards flight of shuttle with non-racket hand. Snap wrist on contact, high arc of shuttle. 1 vs 1 – front area of court OFB, emphasise using back court. Underarm clear; Use when shuttle drops below head. Singles basic games, 1v1 half court competition. Recap basic rules of badminton & scoring.
Introduce the Drop shot	To be able to outwit opponents using simple drop shot. To understand the importance of movement and shuttle placement in order to attack. To begin to develop strategic and tactical play during a rally.	To confidently score a game of singles. To know where the drop should be aimed for, for it to be most productive and why.	Warm up – Student led, progressive jogging and dynamic stretching. Recap overhead clear. Discuss what type of shot it is? Attacking. Drop shot, pairs. 1-1 – front area of court is the playing area. Drop shot rally. Teaching points; deception, low over net & use of angles. Singles basic games. 1v1 half court competition/ basic rules/scoring of badminton – 2pts for winning drop shot.

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<p>Introduce the Smash</p>	<p>To be able to accurately replicate a smash shot. To understand the importance of movement and preparation for an effective smash. To know that the Smash is an attacking shot and why.</p>	<p>To appreciate how to adjust shot selection based on opponents positioning. To understand full badminton court markings.</p>	<p>Warm up – Student led, progressive jogging and dynamic stretching. Recap overhead clear. Discuss what type of shot it is and when might you use it? 1-1 – underarm clear feed to smash, take turns. Teaching points; Shuttle in front of head, Snap wrist, Aim towards ground. Singles games. 1v1 half court competition/ basic rules/scoring of badminton – Conditional games- 2pts for winning smash shot. Progress to doubles games</p>
<p>Doubles and singles tactics</p>	<p>To develop their understanding and knowledge of basic outwitting strategies. To understand and develop the notion of shuttle movement into space and refining tactics based on opponents’ weaknesses. To understand and appreciate the need to make decisions about choice of strategy depending on whether attacking or defending.</p>	<p>To be able to assess & evaluate own performance and weaknesses.</p>	<p>Warm up – Student led, progressive jogging and dynamic stretching. Recap all prior learning during a 2-minute badminton skill based warm up rally. Brainstorm badminton tactics. Teaching points; Use court dimensions (short & fat, long & thin!). Front and back, or side to side. Move opponent/s around court. <i>i.e. short and long shots</i>. Singles and doubles games.</p>

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<p>Assessment</p>	<p>To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. The pupils are to develop their knowledge and understanding of the rules in badminton. To know and use the different types of shots in Badminton.</p>	<p>To demonstrate a variety of tactics based on the movements of others</p>	<p>Warm up – Student led, progressive jogging and dynamic stretching. Recap prior learning in a 3 minute warm up rally. play and perform the forehand clear and drop shots using the correct technique. Tournament to allow all pupils to progress to max level with differentiated leagues. Pupils organize, officiate and score singles and doubles tournament. Teacher grades against Learning pathways</p>
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