



Physical Education Scheme of Learning

Year 8 Rounders

Intent – Rationale

Students will build on the fundamental skills developed in Year 7 to improve their performance in Rounders. They will look at skills in isolation, technique points and tactics to develop their application in practice and in the full game. Students will increase their knowledge of the rules of the game so they are able to officiate specific parts of the game and use their knowledge of techniques to identify strengths and weaknesses in performance.

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| <p>Sequencing – what prior learning does this topic build upon?</p> | <p>Sequencing – what subsequent learning does this topic feed into?</p> |
| <ul style="list-style-type: none"> • Experience of batting and fielding skills • Understanding positions in rounders • Umpired small sided games | <ul style="list-style-type: none"> • Year 9 Rounders |
| <p>What are the links with other subjects in the curriculum?</p> | <p>What are the links to SMSC, British Values and Careers?</p> |
| <ul style="list-style-type: none"> • | <ul style="list-style-type: none"> • GB4 a, b, e, f • M • SO |
| <p>What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?</p> | <p>What are the opportunities for developing mathematical skills?</p> |
| <ul style="list-style-type: none"> • Please fill this in with your own suggestions alternatively the LRC team will provide some suggested titles/links | <ul style="list-style-type: none"> • Students will be required to score • Consider the trajectory of the ball |



KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning

Year 8 Rounders

Intent – Concepts

| What knowledge will students gain and what skills will they develop as a consequence of this topic? | |
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| <p style="text-align: center;">Know</p> <p>To know the correct technique for throwing over different distances. To know the correct bowling technique. To know the correct batting technique. Know correct techniques for fielding the ball both close to and off the posts. Know correct techniques for fielding the ball both close to and off the posts.</p> <p style="text-align: center;">Apply</p> <p>Be able to use these techniques in practice. Be able to identify a 'no ball' when officiating in practice. Be able to strike the ball in practice and begin to use direction when batting. Use fielding techniques consistently in practice situations. Identify strengths and weaknesses in the performance of another student. Demonstrate skills in competition, applying tactics where possible to maximise performance.</p> <p style="text-align: center;">Extend</p> <p>Be able to vary the distance of the throw, catch consistently and be able to use correct throwing techniques in competition. Begin to vary the bowling technique used in practice and apply accurately in competition. Be able to officiate the 'no ball' in games. Be able to strike the ball accurately in games as well as practice, using direction to target points on the pitch to maximise performance. Be able to apply effective fielding techniques in competition, performing accurately under pressure to outwit opponents. Evaluate the performance of another student and suggest improvements that could be made to their game. Evaluate own performance and adjust to maximise performance for assessment.</p> | |
| What subject specific language will be used and developed in this topic? | What opportunities are available for assessing the progress of students? |
| <p>Through activities in this unit pupils will be able to understand, use and spell correctly words relating to:</p> <ul style="list-style-type: none"> tactics and techniques, <i>eg stance, body position, follow-through, mechanics of movement, no ball, batting order, bowling techniques, field placements, coaching, officiating/umpiring, anticipation</i> <p>Speaking and listening – through the activities pupils could:</p> <ul style="list-style-type: none"> listen for a specific purpose, note the main points and consider their relevance and validity | <ul style="list-style-type: none"> Formative and summative assessment Peer assessment |



Intent – Concepts

| Lesson title | Learning challenge | Higher level challenge | Suggested activities and resources |
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| Throwing/catching/fielding | To know the correct technique for throwing over different distances. Be able to use these techniques in practice. | Be able to vary the distance of the throw, catch consistently and be able to use correct throwing techniques in competition. | Warm up activities to include throwing and catching. Recall throwing techniques, activities to develop underarm and over arm throwing and catching. Modified games to encourage maximum opportunity for throwing and catching in competition. |
| Bowling development | To know the correct bowling technique, be able to identify a 'no ball' when officiating in practice. | Begin to vary the bowling technique used in practice and apply accurately in competition. Be able to officiate the 'no ball' in games. | Warm up activities to include throwing and catching. Recall throwing techniques, activities to develop bowling techniques, highlighting 'no ball' boundaries. Activities to develop bowling techniques and offer opportunity to officiate the 'no ball'. Full pitch games to allow students to develop bowling and officiating in competition. |
| Batting development | To know the correct batting technique. Be able to strike the ball in practice and begin to use direction when batting. | Be able to strike the ball accurately in games as well as practice, using direction to target points on the pitch to maximise performance. | Warm up activities to include throwing and catching. Recall batting technique, activities to develop batting techniques, highlighting 'lazy and late' style. Modified games to allow students maximum opportunity to hit the ball. Full pitch games to allow students to develop batting and officiating in competition. |
| Fielding roles/outwit opponents | Know correct techniques for fielding the ball both close to and off the posts. Use fielding techniques consistently in practice situations. | Be able to apply effective fielding techniques in competition, performing accurately under pressure to outwit opponents. | Warm up activities to include throwing and catching. Recall fielding techniques, activities to develop these highlighting the long barrier, short barrier and stumping techniques. Modified games to allow students to maximise opportunity for fielding. Full pitch games to encourage students to develop performance in full game. |
| Evaluation of tactics/peer assessment | Identify strengths and weaknesses in the performance of another student. | Evaluate the performance of another student and suggest improvements that could be made to their game. | Warm up activities to include throwing and catching. Modified games to allow students to observe others and identify strengths and weaknesses, opportunity for feedback shared between students. Full games to give students opportunity to apply their feedback in performance. |
| Assessment | Demonstrate skills in competition, applying tactics where possible to maximise performance. | Evaluate own performance and adjust to maximise performance for assessment. | Warm up activities to include throwing and catching. Full games to give students opportunity to apply their performance and officiating skills for assessment. |