

KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning Year 8- Football

Intent – Rationale

Students will focus on developing team attacking and defending strategies and techniques. Students will select and apply their skills so that they can carry out tactics with the intention of outwitting their opponents. In invasion games the main intention is to invade your opponents territory and to outwit them so that you can score goals or points.

Sequencing – what prior learning does this topic build upon?	Sequencing – what subsequent learning does this topic feed into?
<ul style="list-style-type: none"> Played a variety of conditioned football games Worked independently in small groups Used and applied football rules Some knowledge of tactics and team organization in football 	<ul style="list-style-type: none"> Year 9 football
What are the links with other subjects in the curriculum?	What are the links to SMSC, British Values and Careers?
<ul style="list-style-type: none"> Literacy (key words), Citizenship (sportsmanship), Science (bodily functions and healthy lifestyle consequences) 	<ul style="list-style-type: none"> Use the coded help guides to complete this section
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?	What are the opportunities for developing mathematical skills?
<ul style="list-style-type: none"> Please fill this in with your own suggestions alternatively the LRC team will provide some suggested titles/links 	<ul style="list-style-type: none"> Maths (scoring)

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Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?

Know

Can use skills and techniques together with accuracy to outwit an opponent. Can demonstrate skills successfully and begins to understand importance of strategy and tactics when attacking. Able to compare their own and others work and see the differences so that they can improve their own performance. Able to explain in simple terms the physical effects of exercise on their body and safe way of preparing for exercise. A deeper understanding of the health and fitness and the importance.

Apply

Control of the ball is consistent and skills are performed much more quickly in response to opposition pressures. Can select a very good range of skills to outwit an opponent. Is able to demonstrate a sound level of tactical awareness and can respond to changing situations by changing and refining their skills and techniques. Can suggest ways to improve performances. Can conduct a suitable warm up and explain why exercise is good for health and a sustainable life.

Extend

Good skill level and shows accurate replication within game situations. Becoming more influential in the game and successfully outwits opponents. Can change strategies and tactics to exploit opponents' weaknesses. Can analyse and explain how skills etc have been used and suggest ways to improve further. Will understand how different types of exercise help with health and fitness and can suggest ways of warming up and cooling down.

What subject specific language will be used and developed in this topic?

What opportunities are available for assessing the progress of students?

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<ul style="list-style-type: none"> • List key terminology and definitions 	<ul style="list-style-type: none"> • Be as specific as possible here. What will be assessed.?
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Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Develop Passing	To be able to perform a pass using inside and outside of foot and understand the importance of receiving correctly. To be able to perform these in a small sided game. To understand and know where passing is used in football.	To be able to outwit opponents with a variety of passes.	Warm up – Student led, progressive jogging and dynamic stretching. Simple pass and follow. Experiment with inside & outside of foot. Pass with opposite foot. Recap side foot, Intro the chip, lofted and drive Teaching points: Accuracy and power, Pass and move into space (use varying types of passes) Condition – 5-8 passes = a goal - Small sided game (7 v 7)
Dribbling, Turns and Outwitting a defender	To be able to perform and accurately replicate different types of dribbling with control, speed and fluency. To be able to outwit opponents with the combination of turns and dribbling.	To be able to perform techniques in a small sided game making decisions about how best to advance on opposition	Pair work - Pupils dribble to the line and perform turn (2 to 3 touch max)- Turns; Drag Back, Outside Foot, cruyff turn (Decision making) Allow pupils to experiment ways of beating a player 1 vs 1. Drop of the shoulder go the other way, step over & use of speed. Add pressure onto player who must dribble ball through two gates. Pupils attempt to maintain possession of their ball. Develop from throw ins, and game play. Play

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			conditioned games – must dribble ball through gate to score
Develop Attack	To be able to outwit opponents using learnt skills and techniques at speed. To understand the importance of width and playing into space in order to attack.	To develop strategic and tactical play.	3s/4s in grids. Pass and move to the empty corner. How many passes in given time. Use of space to keep possession. Shows movement to support player with the ball. Teaching points: Pupils develop crossing, shooting and volleying. Small sided - condition game – Free corner areas to encourage wide play, attackers only. Conditioned Game – 5 passes before you can score
Develop Shooting	To perform and replicate an accurate and controlled shot on goal. To develop their understanding and knowledge of how to execute a successful shot on goal i.e. across goal. To appreciate how to adjust shot selection based on opponents positioning.	To be able to assess & evaluate shooting techniques and suggest ways to improve.	3's Shoot at a goal. Low and into the corners = harder for opponents to stop. Develop onto small drill where ball played into team mate, return, control and shoot on target. Dribble in / out of cones and shoot. Teaching points: Head over ball. Aim for corners with accuracy. Strike through ball, lock ankle. Conditional game – coned area in the corner of goals = 3 points. 1 for the middle of the goal. Small sided games. Focus on pupil's percentage of shots on target. Above 50%? Why important?
Defensive strategies/tactics	To be able to perform and develop defensive strategies i.e Tackling, jockeying, forcing onto weaker foot.	To understand when to defend and how to stop opponents from advancing.	1 v 1, 2 v 1 – 'run the gauntlet' Attacker to beat defender. Defender to prevent attacker from advancing. Encourage pupils to jockey until they feel they can intercept or steal ball. Conditioned game. Number of touches, smaller playing area.
Assessment	To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques.	The pupils are to develop their knowledge and understanding of the rules in football.	Warm up – Student led, progressive jogging and dynamic stretching. Groups of 5 or 6 - 5 v 5, 6 v 6 Differentiated small games Winner up / Loser down – students rank themselves A – E

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