

KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning

Year 11 GCSE – Term 3

Intent – Rationale

Students will develop their understanding of sport in society and the impact of pressure on athletes. This unit should enhance their knowledge of Performance Enhancing Drugs and understanding of why performers will use these. They will know how spectators can affect performance and how hooliganism has developed and is controlled. They will develop their ability to apply their understanding in examination conditions and be able to reflect on their strengths and weaknesses in relation to this.

Sequencing – what prior learning does this topic build upon?	Sequencing – what subsequent learning does this topic feed into?
<p>Influences on participation – Year 10 Written NEA – Year 10</p>	<ul style="list-style-type: none"> Examination preparation
What are the links with other subjects in the curriculum?	What are the links to SMSC, British Values and Careers?
<ul style="list-style-type: none"> Base the content here on what you already know but there will be time in future to liaise further as part of our collaborative work 	<ul style="list-style-type: none"> BV 1, 2 & 4 M
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?	What are the opportunities for developing mathematical skills?
<ul style="list-style-type: none"> Please fill this in with your own suggestions alternatively the LRC team will provide some suggested titles/links 	<ul style="list-style-type: none">

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Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?

Know

Know the key terms relating to player's conduct. Know the key terms relating to ethical issues. Know which benefits might make PED's enticing for performers. Understand the positive and negative effects of spectators at events. Know reasons for hooliganism

Apply

Give sport specific examples of players conduct. Be able to explain which PED's may be used by specific performers. Know various strategies that have been put in place to prevent and combat hooliganism. Be able to apply understanding to examination questions

Extend

Evaluate the impact of players conduct on society. Be able to identify advantages and disadvantages of PED's. Be able to evaluate the impact taking PED's has on the performer and the sport. Be able to justify the effectiveness of combative strategies used to prevent hooliganism. Be able to apply understanding to a range of examination questions using a selection of evaluative and justification techniques.

What subject specific language will be used and developed in this topic?

What opportunities are available for assessing the progress of students?

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Anabolic steroids

Artificially produced male hormones mimicking testosterone. They promote muscle and bone growth, and reduce recovery time. Often used by power athletes, eg sprinters.

Beta blockers

Drugs that are used to steady nerves by controlling heart rate. They have a calming and relaxing effect.

(Blood) doping

Defined by World Anti-Doping Agency (WADA) as the misuse of techniques and/or substances to increase one's red blood cell count.

Contract to compete

Unwritten agreement to follow and abide by the written and unwritten rules.

Diuretic drugs

Drugs that remove fluid from the body, elevating the rate of bodily urine excretion.

Embolism

Blockage of a blood vessel.

Erythropoietin (EPO)

A type of peptide hormone that increases the red blood cell count.

Etiquette

A convention or unwritten rule in an activity. It is not an enforceable rule but it is usually observed.

Gamesmanship

Attempting to gain an advantage by stretching the rules to their limit, eg time wasting.

Heart attack

- Formative assessments will take place in lessons to reinforce learning – quiz, kahoot, mind map
- End of Topic test using examination style questions to assess understanding and ability to apply knowledge

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It occurs when the flow of oxygen-rich blood to a section of heart muscle suddenly becomes blocked.

Hooliganism

Disorderly, aggressive and often violent behaviour by spectators at sporting events.

Home field advantage

Gaining an advantage in a sporting event from being in familiar surroundings, with the majority of the spectators supporting you.

Level playing field

The same for all competitors.

Narcotic analgesics

Drugs that can be used to reduce the feeling of pain.

Peptide hormones

Drugs that stimulate the production of naturally occurring hormones (eg EPO), which increase red blood cell count/oxygen carrying capacity.

Stimulants

Drugs that have an effect on the central nervous system, ie they increase mental and/or physical alertness.

Viscosity

Thickening of the blood.

Command words:

Analyse - Separate information into components and identify their characteristics.

Apply - Put into effect in a recognised way.

Calculate - Work out the value of something.

Compare - Identify similarities and or differences. Complete Finish a task by adding to given information.

Consider - Review and respond to given information.

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<p>Define - Specify meaning.</p> <p>Describe - Set out characteristics.</p> <p>Discuss - Present key points about different ideas or strengths and weaknesses of an idea.</p> <p>Evaluate - Judge from available evidence.</p> <p>Explain - Set out purposes or reasons.</p> <p>Identify - Name or otherwise characterise.</p> <p>Illustrate - Present clarifying examples.</p> <p>Interpret - Translate information into recognisable form.</p> <p>Justify - Support a case with evidence.</p> <p>Outline - Set out main characteristics.</p> <p>Suggest - Present a possible case/solution.</p> <p>State - Express clearly and briefly.</p>	
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Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
NEA	Be able to link a theory topic to the weakness identified in section 1	Justify how the theory topic will ensure improvement is made to the weakness identified in section 1	Students continue their written coursework as part of their NEA
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NEA	Be able to identify strengths in NEA	Be able to complete reflection of NEA in its entirety.	Students reflect and self-evaluate their coursework to identify strengths and weaknesses, adapting any work before final deadline.

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<i>Conduct of performers</i>	Know the key terms relating to player's conduct	Evaluate the impact of players conduct on society	
Performance Enhancing Drugs	Know the key terms relating to ethical issues	Be able to identify advantages and disadvantages of PED's	
Performance Enhancing Drugs	Know which benefits might make PED's enticing for performers	Be able to evaluate the impact taking PED's has on the performer and the sport	
<i>Spectator behaviour & Hooliganism</i>	Understand the positive and negative effects of spectators at events.	Know various strategies that have been put in place to prevent and combat hooliganism	
<i>Spectator behaviour & Hooliganism</i>	Know reasons for hooliganism	Be able to justify the effectiveness of combative strategies used to prevent hooliganism.	
<i>EOTT</i>	Be able to apply understanding to examination questions	Be able to apply understanding to a range of examination questions using a selection of evaluative and justification techniques.	Students complete the End of Topic Test. Where possible students reflect on their answers in comparison to the mark scheme and identify areas for development.