

KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning

Year 8 – Tennis

Intent – Rationale

Students should develop their understanding of net games; improve hand-eye coordination and increase their skill level in Tennis. The focus of this unit is for students to develop their use of the ball to create space, develop their use of the racket to control the ball, and apply rules and scoring systems effectively.

Sequencing – what prior learning does this topic build upon?	Sequencing – what subsequent learning does this topic feed into?
<p>Students will have completed the Tennis unit in Year 7 so all should have at least a basic understanding of the game. However, competency will still range from experienced players with a good knowledge of the game and grasp of skills to those with poor coordination and little control of the ball.</p>	<ul style="list-style-type: none"> • Year 9 Tennis, Key Stage 4 Tennis • Transfer of principles of net games in Year 9 and beyond • Use of Hand-eye coordination in other racket sports
What are the links with other subjects in the curriculum?	What are the links to SMSC, British Values and Careers?
<ul style="list-style-type: none"> • Base the content here on what you already know but there will be time in future to liaise further as part of our collaborative work 	<ul style="list-style-type: none"> • Use the coded help guides to complete this section
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?	What are the opportunities for developing mathematical skills?
<ul style="list-style-type: none"> • Please fill this in with your own suggestions alternatively the LRC team will provide some suggested titles/links 	<ul style="list-style-type: none"> • Use of the scoring system

KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning

Year 8– Tennis

Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?

Know

Students will know how the racket face controls the direction of the ball; how to move to hit the ball; how to create space by controlling the direction of the ball; the correct technique for the forehand and backhand drive; the correct technique for a serve; the correct technique for a volley.

Apply

Students will apply their understanding to activities to promote good technique for the forehand, backhand and volley in practice and game situations. They will apply the rules of the game, particularly the scoring system.

Extend

Students will develop their control, using effective technique to develop power in their play. They will understand how more complex shots are performed to include topspin, particularly on the forehand.

What subject specific language will be used and developed in this topic?

- Ready position
- Forehand
- Backhand
- Serve
- Volley
- Racket face
- Scoring system – Love, 15, 30, 40 Game, Deuce, Advantage
- Topspin

What opportunities are available for assessing the progress of students?

- Students will be assessed regularly for suitability of task to ensure differentiation is appropriate.
- Students will peer assess in tasks to offer feedback and promote development
- Students will be formally assessed at the end of the unit.

KESTEVEN AND SLEAFORD HIGH SCHOOL

Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Ball control & Forehand Drive	Students will know how the racket face controls the direction of the ball; how to move to hit the ball; the correct technique for the forehand	Students will apply their understanding to activities to promote good technique for the forehand, backhand and volley in practice and game situations.	Warm up activities working on grip and racket control. Modified games using different skills to encourage movement around court. Forehand technique introduced with paired activities. Court games – aiming to reinforce forehand technique and keeping the ball in the court
Backhand drive technique	Students will know the correct technique for the forehand and backhand drive	Students will apply their understanding to activities to promote good technique for the forehand, backhand and volley in practice and game situations.	Warm up activities recap movement around court. Recall forehand technique and practice in pairs. Teacher introduce backhand technique to those ready to move on. Offer differentiated practices for more able to use backhand technique to develop play. Court games – queen of the court/singles service box games to allow students to develop technique under pressure of competition. Using tennis scoring system.

KESTEVEN AND SLEAFORD HIGH SCHOOL

<p>Drive technique developed</p>	<p>Students will know how to create space by controlling the direction of the ball</p>	<p>They will understand how more complex shots are performed to include topspin, particularly on the forehand.</p>	<p>Warm up activities recap movement around court. Recall techniques for forehand and backhand for use those more able to demonstrate. Offer differentiated practices for more able to be able to increase court size, reduce target size and play with more power. Court games – queen of the court/singles service box games to allow students to develop technique under pressure of competition, continue to use tennis scoring.</p>
<p>The serve</p>	<p>Students will develop their ability to apply the correct technique for a serve</p>	<p>Students will develop their control, using effective technique to develop power in their play.</p>	<p>Warm up activities recap movement around court and forehand and backhand technique. Activities to recall serving technique - teacher reinforce correct serve technique. Practices to include differentiation for more able to work on power/placement in the serve. Court games - games using serve to start will allow students to develop technique under pressure of competition. Using tennis scoring and variety of roles.</p>

KESTEVEN AND SLEAFORD HIGH SCHOOL

The volley	Students will know the correct technique for the volley	Students will develop their control, using effective technique to develop power in their play.	Warm up activities recap movement around court and forehand and backhand technique. Teacher introduce volley technique. Practices to include differentiation for more able to work on variety of shot. Court games - games using serve to start will allow students to develop technique under pressure of competition, encouraging moving opponent around court to use different shots. Using tennis scoring and variety of roles.
The game	Students will apply their techniques and the rules of the game, particularly the scoring system.	Students will apply their complex techniques and the rules of the game, particularly the scoring system.	Warm up activities to recall techniques. Games used to allow students to apply their skills in competition. Using tennis scoring system, roles of official and ball girl to be rotated through. Students given option of court size and use of serve to allow for differentiation and encourage success.