

# KESTEVEN AND SLEAFORD HIGH SCHOOL

## Physical Education Scheme of Learning

### Year 8 –Table Tennis

#### Intent – Rationale

Students will work in pairs and small groups in order to understand the basic principles of Table Tennis. Students will understand the concept of winning a point. They will know how to start a game with a serve and learn basic tactics in singles and doubles play. Through playing and umpiring, students will develop their understanding of the laws and rules of the game.

<b>Sequencing – what prior learning does this topic build upon?</b>	<b>Sequencing – what subsequent learning does this topic feed into?</b>
Students will have a varied background in this sport and competency will range from experienced players with a good knowledge of the game and grasp of skills to those with poor coordination and little knowledge of the game.	<ul style="list-style-type: none"> <li>• Year 9 Table Tennis</li> <li>• Transfer of principles of net games in Year 9 and beyond</li> <li>• Use of Hand-eye coordination in other racket sports</li> </ul>
<b>What are the links with other subjects in the curriculum?</b>	<b>What are the links to SMSC, British Values and Careers?</b>
Maths – scoring, Biology - anatomy	<ul style="list-style-type: none"> <li>• BV2</li> <li>• BV4</li> <li>• M</li> <li>• SO</li> </ul>
<b>What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?</b>	<b>What are the opportunities for developing mathematical skills?</b>
<ul style="list-style-type: none"> <li>• Keywords</li> </ul>	<ul style="list-style-type: none"> <li>• Use of the scoring system</li> <li>• Joint angles, bat angles</li> <li>• Ball trajectory</li> </ul>

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### Year 8– Table Tennis

#### Intent – Concepts

##### **What knowledge will students gain and what skills will they develop as a consequence of this topic?**

###### **Know**

Students will know how to hold the bat; how the racket face controls the direction of the ball; how to move to hit the ball; the correct technique for the push, drive and serve; recap service rules and how points are scored in a game.

###### **Apply**

Students will apply their understanding to activities to promote good technique for the backhand and forehand push and drive, and serve in practice and game situations. They will apply the rules of the game, particularly the scoring system.

###### **Extend**

Students will develop their control, using effective technique to develop power, topspin and backspin in their play. They will understand how more complex shots are executed accurately to move an opponent and outwit.

##### **What subject specific language will be used and developed in this topic?**

- Ready position
- Forehand
- Backhand
- Serve
- Push, drive, top spin, back spin
- Scoring system
- Feeding

##### **What opportunities are available for assessing the progress of students?**

- Students will be assessed regularly for suitability of task to ensure differentiation is appropriate.
- Students will peer assess in tasks to offer feedback and promote development
- Students will be formally assessed at the end of the unit.

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## Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Ball control Movement at table Backhand push	Students will know how to hold the bat; how the bat face controls the direction of the ball; how to move to hit the ball	Students will be able to control their push to land on targets of varying length and width. Aim for smaller targets.	Technique activities with partner feed. Aim for targets – paper which decreases in size by folding into smaller targets
Forehand push	Students will know the correct technique for the forehand push	Students will be able to control their push to land on targets of varying length and width. Aim for smaller targets.	Technique activities with partner feed. Aim for targets – paper which decreases in size by folding into smaller targets. Combine with backhand push.
Backhand drive	Students will know the correct technique for the backhand drive	Students will be able to control their drive to land on targets of varying length and width. Aim for smaller targets.	Technique activities with partner feed. Aim for targets – paper which decreases in size by folding into smaller targets.
Forehand drive	Students will know the correct technique for the forehand drive	Students will be able to control their drive to land on targets of varying length and width. Aim for smaller targets.	Technique activities with partner feed. Aim for targets – paper which decreases in size by folding into smaller targets.
Serve	Students will know how to perform an effective serve applying service rules	Students will apply varying levels of spin to their service to outwit opponents	Watch perfect model video clip Follow peer resource card

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			Link serve to techniques already practiced in singles and doubles games.
Tournament and assessment	Students will apply their techniques and the rules of the game, particularly the scoring system.	Students will apply their techniques and the rules of the game, particularly the scoring system. Aiming to reach the upper court.	1 v1 and 2v2 matches