

# KESTEVEN AND SLEAFORD HIGH SCHOOL

## Physical Education Scheme of Learning

### Year 8- Tag Rugby

#### Intent – Rationale

In this unit pupils focus on how to use principles of attack and defence to plan strategy and tactics for tag rugby. Pupils will work on improving the quality of their skills with the intention of outwitting opponents. In all game's activities, pupils think about how to use skills, strategies and tactics to outwit the opposition. Students will develop skills and tactics learnt in Year 7.

<b>Sequencing – what prior learning does this topic build upon?</b>	<b>Sequencing – what subsequent learning does this topic feed into?</b>
Year 7 Tag Rugby unit	<ul style="list-style-type: none"> <li>Invasion Games – attack and defence</li> </ul>
<b>What are the links with other subjects in the curriculum?</b>	<b>What are the links to SMSC, British Values and Careers?</b>
<ul style="list-style-type: none"> <li>Literacy (key words), PSHE (sportsmanship), Science (body function and healthy lifestyle consequences)</li> </ul>	<ul style="list-style-type: none"> <li>BV2</li> <li>BV4</li> <li>M</li> <li>SO</li> </ul>
<b>What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?</b>	<b>What are the opportunities for developing mathematical skills?</b>
<ul style="list-style-type: none"> <li>Please fill this in with your own suggestions alternatively the LRC team will provide some suggested titles/links</li> </ul>	<ul style="list-style-type: none"> <li>Scoring</li> </ul>

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## Physical Education Scheme of Learning

### Year 8 – Tag Rugby

#### Intent – Concepts

#### **What knowledge will students gain and what skills will they develop as a consequence of this topic?**

##### **Know**

Know and use skills that suit the games they play, showing greater strengths in some of the games than others; work with others in small teams to attack and defend; take on specific roles that suit their abilities; contribute to the organisation of a team; Work effectively in small teams to choose and put into practice tactics for attacking and defending;

##### **Apply**

choose and apply skills and techniques that are suited to games; use these skills and techniques fluently and precisely; plan and adapt team and individual tactics, varying them as the need arises; take a leading role in teams and have a significant impact on the games played; recognise the similarity in approaches between the games and adapt ideas and approaches willingly and easily; prepare for games, devising effective warm-up routines;

##### **Extend**

choose and apply complex skills and techniques that are suited to games; use these skills and techniques fluently and precisely; plan and adapt team and individual tactics, varying them as the need arises; take a leading role in teams and have a significant impact on the games played; recognise the similarity in approaches between the games and adapt ideas and approaches willingly and easily; prepare for games, devising effective warm-up routines;

**What subject specific language will be used and developed in this topic?**

**What opportunities are available for assessing the progress of students?**

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<ul style="list-style-type: none"> <li>• tactics, e.g. principles of attack and defence, finding and using space, changing speed, being direct, marking, covering, delaying, moving feet, watching the ball, following through</li> <li>• Knock on, tackle, try</li> <li>• preparation, e.g. warming up, cooling down</li> <li>• assessment, e.g. collecting and analysing data</li> </ul>	<ul style="list-style-type: none"> <li>• Q&amp;A for understanding rules and tactics</li> <li>• Formative assessment of performance accomplishment</li> <li>• Summative assessment at end of unit</li> </ul>
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## Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Ball familiarisation	To be able to develop fundamental rugby handling skills. To recap their understanding and knowledge of the basic rules of tag rugby.	To be able to show control with consistency in small ball familiarisation games.	<ul style="list-style-type: none"> <li>• Hot potato</li> <li>• Under over</li> <li>• Relay games</li> </ul>
Intro passing & receiving/ 2 vs 1	To be able to perform passing & receiving with accuracy in a small sided game. To understand the rules regarding the pass and catching the ball (i.e. backwards pass and knock-ons).	To develop passing and receiving skills in a small sided game, eventually show skills in a 7v7 game. To be able to give feedback to others.	<ul style="list-style-type: none"> <li>• 2v1 games</li> <li>• Small area then increase</li> <li>• Four corner drill</li> </ul>
Passing/Use of width.	To be able to outwit opponents using learnt skills and techniques in a small sided game. To demonstrate an understanding of the basic rules <i>i.e. no backwards pass + how to score a try.</i>	Develop skills and perform with more consistency. Apply these skills into a 7v7 game.	<ul style="list-style-type: none"> <li>• Pass down the line</li> <li>• Use of channels</li> </ul>

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Tackling technique - tagging	To develop their understanding and knowledge of how to tackle correctly in a small sided game.	To develop tackling skills and apply them within a 7v7 game.	<ul style="list-style-type: none"> <li>• Bulldog</li> <li>• Shark and fishes</li> <li>• Stuck in the mud</li> </ul>
Attacking/outwitting an opponent	To be able to select the correct skills to outwit opponents. To develop and start to apply with more consistency the decision-making process in a small game situation.	To confidently describe the rules and laws of Tag Rugby. To begin to recognize and identify strengths and weaknesses when playing 7v7 games and be able to give this feedback to others.	<ul style="list-style-type: none"> <li>• Tournament</li> </ul>
Assessment	Demonstrate the skills learnt within the unit.	Apply the skills learnt in the unit into a 7v7 game of tag rugby and show knowledge of the rules.	<ul style="list-style-type: none"> <li>• Tournament</li> </ul>