

KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning

Year 7– Tennis

Intent – Rationale

Students should develop an understanding of net games; improve hand-eye coordination and increase their skill level in Tennis. The focus of this unit is for students to develop ball control, understand how using the racket controls the ball, and begin to apply rules and scoring systems.

Sequencing – what prior learning does this topic build upon?	Sequencing – what subsequent learning does this topic feed into?
<p>Students will have a varied background in this sport and competency will range from experienced players with a good knowledge of the game and grasp of skills to those with poor coordination and little knowledge of the game.</p>	<ul style="list-style-type: none"> • Year 8 Tennis, Year 9 Tennis • Transfer of principles of net games in Year 8 and beyond • Use of Hand-eye coordination in other racket sports
What are the links with other subjects in the curriculum?	What are the links to SMSC, British Values and Careers?
<ul style="list-style-type: none"> • Base the content here on what you already know but there will be time in future to liaise further as part of our collaborative work 	<ul style="list-style-type: none"> • GB4 a, b, d, f • M • SO
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?	What are the opportunities for developing mathematical skills?
<ul style="list-style-type: none"> • Please fill this in with your own suggestions alternatively the LRC team will provide some suggested titles/links 	<ul style="list-style-type: none"> • Use of the scoring system

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Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?

Know

Students will know how to hold the racket; how the racket face controls the direction of the ball; how to move to hit the ball; the correct technique for the forehand and backhand drive; the correct technique for a serve; how points are scored in a game.

Apply

Students will apply their understanding to activities to promote good technique for the forehand in practice and game situations. They will apply the rules of the game, particularly the scoring system.

Extend

Students will develop their control, using effective technique to develop power in their play. They will understand how more complex shots are performed, particularly on the backhand.

What subject specific language will be used and developed in this topic?

- Ready position
- Forehand
- Backhand
- Serve
- Racket face
- Scoring system – Love, 15, 30, 40 Game, Deuce, Advantage

What opportunities are available for assessing the progress of students?

- Students will be assessed regularly for suitability of task to ensure differentiation is appropriate.
- Students will peer assess in tasks to offer feedback and promote development
- Students will be formally assessed at the end of the unit.

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Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Ball control	Students will know how to hold the racket; how the racket face controls the direction of the ball; how to move to hit the ball	Students will know the correct technique for the forehand	Warm up activities working on grip and racket control. Mini games using throwing & catching to encourage movement around court. Forehand technique introduced with paired activities. Court games – aiming to reinforce forehand technique and hitting ball in the court
Forehand drive technique	Students will know the correct technique for the forehand	Students will develop their control, using effective technique to develop power in their play	Warm up activities recap movement around court. Recall forehand technique and practice in pairs Offer differentiated practices for more able to be able to increase court size and play with more power. Court games – queen of the court to allow students to develop technique under pressure of competition
Forehand developed/ Backhand drive technique	Students will apply their understanding to activities to promote good technique for the forehand in practice and game situations.	They will understand how more complex shots are performed, particularly on the backhand.	Warm up activities recap movement around court. Recall forehand technique and practice in pairs. Teacher

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			<p>introduce backhand technique to those ready to move on. Offer differentiated practices for more able to use backhand technique to develop play. Court games – queen of the court/singles service box games to allow students to develop technique under pressure of competition</p>
Backhand drive technique	Students will know the correct technique for the backhand	Students will develop their control, using effective technique to develop power in their play	<p>Warm up activities recap movement around court and forehand technique. Teacher introduce backhand technique to all students. Recall for those more able – use to demonstrate. Offer differentiated practices for more able to be able to increase court size and play with more power, and use backhand technique to develop play. Court games – queen of the court/singles service box games to allow students to develop technique under pressure of competition. Bring in tennis scoring.</p>

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<p>The serve</p>	<p>Students will know the correct technique for a serve</p>	<p>Students will develop their control, using effective technique to develop power in their play</p>	<p>Warm up activities recap movement around court and forehand and backhand technique. Teacher introduce serve technique. Practices to include differentiation for more able to work on power/placement in the serve. Court games - games using serve to start will allow students to develop technique under pressure of competition. Using tennis scoring.</p>
<p>The game</p>	<p>Students will apply their techniques and the rules of the game, particularly the scoring system.</p>	<p>Students will apply their complex techniques and the rules of the game, particularly the scoring system.</p>	<p>Warm up activities to recall techniques. Games used to allow students to apply their skills in competition. Using tennis scoring system, roles of official and ball girl to be rotated through. Students given option of court size and use of serve to allow for differentiation and encourage success.</p>