

KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning

Year 7 – Tag Rugby

Intent – Rationale

In this unit pupils focus on how to use basic principles of attack and defence to plan strategy and tactics for tag rugby. Pupils will work on improving the quality of their skills with the intention of outwitting opponents. In all games activities, pupils think about how to use skills, strategies and tactics to outwit the opposition.

<p>Sequencing – what prior learning does this topic build upon?</p> <ul style="list-style-type: none"> • Learnt the basic principles of attack and defence in other sports • Worked in small teams to plan how to play • Taken different roles in some games, including attacker and defender • Used and kept rules and conventions for games 	<p>Sequencing – what subsequent learning does this topic feed into?</p> <ul style="list-style-type: none"> • Year 8 Tag Rugby • Invasion Games – attack and defence
<p>What are the links with other subjects in the curriculum?</p> <ul style="list-style-type: none"> • Literacy (key words), PSHE (sportsmanship), Science (body function and healthy lifestyle consequences) 	<p>What are the links to SMSC, British Values and Careers?</p> <ul style="list-style-type: none"> • BV2 • BV4 • M • SO
<p>What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?</p> <ul style="list-style-type: none"> • Please fill this in with your own suggestions alternatively the LRC team will provide some suggested titles/links 	<p>What are the opportunities for developing mathematical skills?</p> <ul style="list-style-type: none"> • Scoring

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Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?

Know

Know that they need to prepare safely for games; follow warm-up routines they are given with some care; know how to describe what they do best; work on ideas that they are given to improve their performance. Understand the importance of cooling down; describe quality in performance clearly and precisely; decide how to improve different aspects of performance.

Apply

Choose and use skills that suit the games they play, showing greater strengths in some of the games than others; work with others in small teams to attack and defend; take on specific roles that suit their abilities; contribute to the organisation of a team; Work effectively in small teams to choose and put into practice tactics for attacking and defending;

Extend

Choose and apply complex skills and techniques that are suited to games; use these skills and techniques fluently and precisely; plan and adapt team and individual tactics, varying them as the need arises; take a leading role in teams and have a significant impact on the games played; recognise the similarity in approaches between the games and adapt ideas and approaches willingly and easily; prepare for games, devising effective warm-up routines;

What subject specific language will be used and developed in this topic?

What opportunities are available for assessing the progress of students?

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<ul style="list-style-type: none"> • tactics, eg principles of attack and defence, finding and using space, changing speed, being direct, marking, covering, delaying, moving feet, watching the ball, following through • Knock on, tackle, try <p>preparation, eg warming up, cooling down assessment, eg collecting and analysing data</p>	<ul style="list-style-type: none"> • Q&A for understanding rules and tactics • Formative assessment of performance accomplishment • Summative assessment at end of unit
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Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Ball familiarisation	To be able to perform fundamental rugby handling skills. To develop their understanding and knowledge of the basic rules of tag rugby.	To be able to perform these in a small sided game to maintain ball possession & outwit opponents.	Collect the Tag game – collect as many tags as possible in 1 minute. Mini game to include: ball familiarisation and ball handling skills. Practice: pairs; run out place ball on line (i.e. how to score a try) and run back + pop ball up. Dropping ball = forfeit. Develop onto small pass when returning back to partner. Emphasise passing from the waist, accuracy & control. 2v2 small games in 1 grid- tag tackle, 5 tackles and over. Highlight importance of placement of the ball to score a 'try'.
Intro passing & receiving/ 2 vs 1	To be able to perform basic passing & receiving with accuracy. To understand the rules regarding the pass and catching the ball (i.e. backwards pass and knock-ons).	To be able to outwit opponents with the use of these techniques. To perform skills in a small sided game making decisions about how best to advance on opposition.	Discuss passing on the move. Recap game Introduce idea of passing backwards. Passing in 2's, 3's, 4's along a line with emphasis on passing backwards. 2v1 in a small channel-

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			<p>Ways to outwit an opponent: draw defender in and pass or fake pass. Develop to 4v2. Aim to create an overlap to score a try. 4's small-sided games- Tag Tackle. Highlight importance of depth / Target / Running onto ball / staying onside – your side of the player with the ball at all times.</p>
Passing/Use of width.	<p>To be able to outwit opponents using learnt skills and techniques. To demonstrate an understanding of the basic <i>rules i.e. no backwards pass + how to score a try.</i></p>	<p>To understand the importance of width in order to attack. To develop their understanding of strategic and tactical play in tag rugby to beat and outwit an opponent.</p>	<p>To demonstrate an understanding of the basic <i>rules i.e. no backwards pass + how to score a try.</i> Running and release of the ball with active defenders. 2v1, 4v2 aiming to create an overlap. Introduce the 'side step' to give the attackers another option. In a 2v1 situation ball carrier can opt to pass or fake to pass and side step the defender. Small-sided games (5vs5)-recap rules- defenders 5 yards from restart, Tag tackle, Highlight importance of depth / Target / Running onto ball / staying onside – your side of the player with the ball at all times.</p>
Tackling technique - tagging	<p>To develop their understanding and knowledge of how to tackle correctly.</p>	<p>To be able to evaluate tackling technique and 2 v 1 situation suggesting ways to improve.</p>	<p>Collect the Tag game – collect as many tags as possible in 1 minute Introduce correct technique for tackling. Teacher demo. Teaching points; <i>i.e: tackle from 'your team's side', hands in front, rip downwards, hold tag up and shout "TAG".</i> 1 v 1 Tackle Practice –Run the Gauntlet; 3's – 1 ball carrier, 2 tackles- one behind the other. Discuss the best ways to beat defenders. Dodge, use of speed or pass etc. Small-sided games (5vs5)-</p>

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			recap rules. Differentiate pitches. i.e: ability – pupil opt for 1.
Attacking/outwitting an opponent	To be able to outwit opponents using learnt skills and techniques.	To develop the decision making process in a game situation.	1 v 1 in small grid- tag tackle. Try to beat and outwit partner to score a try using spins, dummies, and sidesteps and changes of pace. Teaching points; assess opponent's strengths. Further development 2vs2-same space. Small-sided games (5vs5)- recap rules. Differentiate pitches according to ability – pupil opt for 1.
Assessment	Apply skills in game play to demonstrate understanding and level of performance.	Apply skills with flare, demonstrating a good understanding of the game and effective application.	Small grid warm up. Small-sided games (5 vs 5)-recap rules. Differentiated on Ability. i.e.– pupil opt for 1. Teacher grades against learning pathway – Share grades with pupils.