

KESTEVEN AND SLEAFORD HIGH SCHOOL

Physical Education Scheme of Learning

Year 7–Badminton

Intent – Rationale

Students will work in pairs and small groups in order to understand the basic principles of badminton. Students will gain knowledge of the areas and lines of the court and will understand the concept of winning a point. They will know how to start a game with a low serve and learn basic tactics in singles and doubles half court play. Through playing and umpiring, students will develop their understanding of the laws and rules of the game.

Sequencing – what prior learning does this topic build upon?	Sequencing – what subsequent learning does this topic feed into?
Students will have a varied background in this sport and competency will range from experienced players with a good knowledge of the game and grasp of skills to those with poor coordination and little knowledge of the game.	<ul style="list-style-type: none"> • Year 8 Badminton, Year 9 Badminton • Transfer of principles of net games in Year 8 and beyond • Use of Hand-eye coordination in other racket sports
What are the links with other subjects in the curriculum?	What are the links to SMSC, British Values and Careers?
<p>Maths – scoring, Biology - anatomy</p>	<ul style="list-style-type: none"> • BV2 • BV4 • M • SO
What are the opportunities for developing literacy skills and developing learner confidence and enjoyment in reading?	What are the opportunities for developing mathematical skills?
<ul style="list-style-type: none"> • KeywordsPlease fill this in with your own suggestions alternatively the LRC team will provide some suggested titles/links 	<ul style="list-style-type: none"> • Use of the scoring system

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Intent – Concepts

What knowledge will students gain and what skills will they develop as a consequence of this topic?

Know

Students will know how to hold the racket; how the racket face controls the direction of the shuttle; how to move to hit the shuttle; the correct technique for the forehand clear, drop shot and net shot; the correct technique for a low backhand serve; how points are scored in a game.

Apply

Students will apply their understanding to activities to promote good technique for the backhand serve and forehand techniques in practice and game situations. They will apply the rules of the game, particularly the scoring system.

Extend

Students will develop their control, using effective technique to develop power in their play. They will understand how more complex shots are performed, particularly on the backhand.

What subject specific language will be used and developed in this topic?

- Ready position
- Forehand
- Backhand
- Serve
- Net shot, overhead clear
- Scoring system
- Feeding

What opportunities are available for assessing the progress of students?

- Students will be assessed regularly for suitability of task to ensure differentiation is appropriate.
- Students will peer assess in tasks to offer feedback and promote development
- Students will be formally assessed at the end of the unit.

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Intent – Concepts

Lesson title	Learning challenge	Higher level challenge	Suggested activities and resources
Shuttle control Backhand low serve	Students will know how to hold the racket; how the racket face controls the direction of the shuttle; how to move to hit the shuttle	Students will know the correct technique for the backhand low serve	Tramline rally activities across width of court Serve rule explanation Backhand low serve peer activity Half court 2 v 2, rotate server on every point
Forehand net shot	Students will know the correct technique for the forehand net shot	Students will develop their control, using effective technique to outwit opponent. Add backhand net shot.	View perfect model on video clip. Peer task using net shot resource card to work through tasks.
Forehand net lift	Students will apply their understanding to activities to promote good technique for the forehand net lift	Aim for targets at tramlines at back of court. Backhand net lift technique.	Link with net shot. Place cone where lift lands – aim to increase distance towards back of court.
Overhead clear	Students will know the correct technique for the overhead clear	Students will develop their power by standing side on and aiming for back tramlines.	Link with net lift High feed peer activity to enable correct body movement 2 v 2 half court games with tramline bonus points
Technique combinations	Students will re-cap on all techniques	Students will develop their control and decision making to link techniques together in task combinations	Task combinations e.g. low serve, net shot, net lift, overhead clear, overhead clear. Play the point.
Tournament and assessment	Students will apply their techniques and the rules of the	Students will apply their complex techniques and the rules of the	2v2 half court ladder tournament

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	game, particularly the scoring system.	game, particularly the scoring system. Aiming to reach the upper court.	
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