

Curriculum Map in PSHE - Kesteven and Sleaford High School



	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
Year 7	<p>Health & Wellbeing</p> <ul style="list-style-type: none"> Self-concept: Who am I? Hygiene & Puberty Menstrual wellbeing 	<p>Health & Wellbeing</p> <ul style="list-style-type: none"> Understanding Drugs Tobacco & Risks Alcohol & Risks Managing risk and our personal safety 	<p>Relationships</p> <ul style="list-style-type: none"> What defines a positive relationship? What is consent? 	<p>Living in the Wider World</p> <ul style="list-style-type: none"> Careers – I am interested in... Careers – What skills do I have? Careers – What skills will make me more employable? 	<p>Health & Wellbeing</p> <ul style="list-style-type: none"> Attitudes to mental health Promoting emotional wellbeing Digital resilience and mental health 	<p>Living in the Wider World</p> <ul style="list-style-type: none"> Media literacy – keeping ourselves safe online Cultivating appropriate online relationships Participating effectively in our community
Year 8	<p>Health & Wellbeing</p> <ul style="list-style-type: none"> Self-concept: Gender Identity & Sexuality <p>Relationships</p> <ul style="list-style-type: none"> What are relationship values? Consent in relationships 	<p>Health & Wellbeing</p> <ul style="list-style-type: none"> Exploring attitudes to drugs Drugs, the Law and risk The effects of drugs (including alcohol and cannabis) Managing risk & personal safety 	<p>Living in the Wider World</p> <ul style="list-style-type: none"> Using Unifrog to explore future plans Financial capability <i>Anti-social behaviour</i> <i>Alcohol Awareness</i> <i>Fire Safety</i> <i>Healthy Relationships</i> <i>Online Safety</i> <p><i>These topics take place on PSHE days</i></p>	<p>Health & Wellbeing</p> <ul style="list-style-type: none"> Managing the influence of external factors on my life Unhealthy coping strategies Healthy coping strategies 	<p>Relationships</p> <ul style="list-style-type: none"> How to form and maintain respectful relationships What is contraception? Family life Positive parents? 	<p>Living in the Wider World</p> <ul style="list-style-type: none"> Careers – future plans Where do I want to go? What do I want to be?
Year 9		<p><i>Living in the Wider World</i></p> <ul style="list-style-type: none"> <i>Go to work with a relative day</i> <i>Introduction to Careers & Unifrog; Employer encounters</i> <p><i>These topics take place on PSHE days</i></p>	<p>Relationships</p> <ul style="list-style-type: none"> <i>Girls Like That</i> performance and workshop <p><i>This is a joint project between the Drama department at KSHS and CGS</i></p>		<p><i>Living in the Wider World</i></p> <ul style="list-style-type: none"> <i>County Lines and Knife Crime</i> <i>Drug Awareness</i> <i>Healthy relationships</i> <i>Road Safety awareness</i> <i>Online Safety</i> <p><i>These topics take place on PSHE days</i></p>	
PSHE / Citizenship / Careers have ongoing in-class assessed tasks but no formal assessments						